

DEPARTMENT OF PSYCHOLOGY

M.A. Psychology

Structure-I (2- Year PG Program)

DISCIPLINE SPECIFIC ELECTIVE COURSE

SEMESTER I

**DSE 101: APPLIED DEVELOPMENTAL PSYCHOLOGY: THEORY, RESEARCH
AND PRACTICE**

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite
		Lecture	Tutorial	Practical	
DSE 101 Applied Developmental Psychology: Theory, Research and Practice	4	3	0	1	Graduation from any stream

Marks:100

Hours: 60

Credit: 4 (Lectures + Internal Assessment + Practical)

Course Objectives:

1. To build strong research oriented theoretical foundation in congruence with recent advances in the field of developmental science. The course aims to provide creative spaces to the students to extend their knowledge to the word of practice.
2. To highlight the cultural and contextual nuances of development.

Course Learning Outcomes:

On completion of the course students will be able to:

1. Appreciate different perspectives in developmental psychology
2. Understand the cultural basis of human development
3. View and employ different research methods and intervention strategies
4. Ethically value the interface between theory, research, practice and policy

Course Contents:

Unit 1: Developmental systems perspectives: Theoretical perspectives and developmental implications; the interface between theory, research, practice and policy **(10 Hours)**

Unit 2: Deconstructing developmental psychology: Discourses of childhood; children's voice in research; language and power in developmental research. **(10 Hours)**

Unit 3: Culture and human development: Conceptions of culture; cultural aspects of growth and development: child rearing practices, ethno-theories of parenting; Development in Indian context- Samaskaras- Indian milestones of development; the rites and rituals in Ayurvedic paediatrics **(10 Hours)**

Unit 4: Research and intervention: Research methods in developmental psychology; action research; program development & evaluation; developing culturally sensitive tools; developmental assessment ethical issues **(10 Hours)**

Practicum: At least 2 (Two) practical Based on the above units **(20 Hours)**

Essential Readings:

1. Bornstein, M. H., & Lamb, M. E. (Eds.). (2010). *Developmental science: An advanced textbook*. Psychology Press.
2. Burman, E. (2016). *Deconstructing developmental psychology*. Taylor & Francis
3. Kakar, S. (1968). The human life cycle: The traditional Hindu view and the psychology of Erik Erikson. *Philosophy east and west*, 18(3), 127-136.
4. Khalakdina, M. (2011). *Human Development in the Indian Context, Volume II: A Socio-Cultural Focus (Vol. 2)*. SAGE Publications India.
5. Lerner, R. M., Jacobs, F., & Wertlieb, D. (Eds.). (2005). *Applied developmental science: An advanced textbook*. Sage Publications.
6. Mertens, D. M., & Wilson, A. T. (2012). *Program evaluation theory and practice: A comprehensive guide*. Guilford Press.
7. Srivastava, A.K. & Misra, G. (2024). *A contextual Approach to Human Development: Intgrating an Indian Perspective*. Routledge.