

**DEPARTMENT OF PSYCHOLOGY**

**M.A. Psychology**

*Structure-I (2- Year PG Program)*

**DISCIPLINE SPECIFIC ELECTIVE COURSE**

**SEMESTER I**

**DSE 105: INTRODUCTION TO ANALYTICAL PSYCHOLOGY**

**CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE**

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite
		Lecture	Tutorial	Practical	
DSE 105 Introduction to Analytical Psychology	4	3	0	1	Graduation in any stream

**Marks:100**

**Hours: 60**

**Credit: 4 (Lectures + Internal Assessment + Practical)**

**Objectives:**

1. To study the salient features of Freud's Interpretation of Dreams
2. To study the life of Carl Jung and development of Analytical Psychology
3. To study Jung's approach to the unconscious
4. To study the basic concepts of Analytical Psychology

**Learning Outcomes:**

By studying this course, the students will be able to—

1. Learn the detailed conceptual differences between Freud and Jung
2. Learn the life of Carl Jung and the development of his ideas
3. Learn the Jungian approach to the unconscious
4. Learn the basic concepts of Analytical Psychology

**Course Contents**

**Unit 1: Depth Psychology**—Freud, Jung and Psychoanalysis; Freud's Interpretation of Dreams; complexes **(10 Hours)**

**Unit 2: Life of Carl Jung**—Jung's autobiography; historical context of analytical psychology; personal myth **(10 Hours)**

**Unit 3: Psychology of the Unconscious**—Nature and activity of the *psyche*; structure of the *psyche*; approaching the unconscious **(10 Hours)**

**Unit 4: Archetypes**—Philosophical history; primordial images; psychological meaning of collective unconscious **(10 Hours)**

**Practicum:** At least 2 (Two) practicals based on the above units **(20 Hours)**

**Essential Readings:**

1. Freud, S. (1954). *The Interpretation of Dreams*. London: George Allen & Unwin Ltd.
2. Jacobi, J. (1951). *The Psychology of C. G. Jung*. London: Routledge and Kegan Paul Ltd.

3. Jung, C. G. (1989). *Memories, Dreams, Reflections*. New York: Vintage Books.
4. Jung, C. G. (Ed.) (1990). *Man and His Symbols*. London: Arkana

**Recommended Readings:**

1. Jacobi, J. (1953). *Psychological Reflections, An Anthology of the Writings of C. G. Jung*. London: Routledge & Kegan Paul Ltd.
2. Young-Eisendrath, P & Dawson, T. (Eds.) (2010). *The Cambridge Companion to Jung*. Cambridge: Cambridge University Press.