

DEPARTMENT OF PSYCHOLOGY

M.A. Psychology

Structure-I (2- Year PG Program)

DISCIPLINE SPECIFIC ELECTIVE COURSE

SEMESTER I

DSE 107: BUILDING CULTURES OF PEACE

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite
		Lecture	Tutorial	Practical	
DSE 107 Building Cultures of Peace	4	3	0	1	Graduation in any stream

Marks:100

Hours: 60

Credit: 4 (Lectures + Internal Assessment + Practical)

Course Objectives:

Course aims to:

1. Impart an advanced conceptual understanding around key concepts and current debates in conflict and peace studies with a specific emphasis on Indian ideas on peace.
2. Develop an understanding of the importance of reconciliation, conflict resolution and peacebuilding in human relations.
3. Equip students with methods and skills for promoting peace through research and practice.

Learning Outcomes:

Students will be able to:

1. Understand and gain insight into social psychology's contribution to the understanding of social conflicts and roots of violence.
2. Appreciate the importance of Indian knowledge systems in facilitating sustainable peace.
3. Endorse and practice skills of non-violent communication and dialoguing for resolving conflicts, in interpersonal and societal levels and cultivating inner peace in personal life.

Unit 1: Conflict & Violence in Societies: Introduction to conflict and violence in different contexts; psychological theories of violence; Psychological effects of violence; Limitations of violence; Psychological perspectives on war and peace. **(10 Hours)**

Unit 2: Peace Psychology: Perspectives and meanings of peace; Peaceful societies and human potential; Promoting peace in diverse contexts: Gender/role of women in peace process and peace; developmental psychology and peace; Language and communication in peace; Peace and conflict counselling and training; peace in the global south. **(10 Hours)**

Unit 3: Conflict Resolution and Reconciliation: Conflict resolution and transformation: Concept; Foundations: effective cooperation and constructive conflict resolution; Negotiation and Mediation and third-party approaches to conflict resolution; Reconciliation as a foundation of peace: Social psychological perspective; Forgiveness: personal, community and inter-group aspects. **(10 hours)**

Unit 4: Towards Sustainable Development & Peace: Sustainable peace and its psychological components; Human rights and peacebuilding; Social Justice and peace; Personal Transformations for peace: Concept, Insights from the Bhagwad Gita and Buddhism; Non-violence: Philosophy and theories with specific reference to Indian knowledge systems and Indian thinkers; Peace education: nature and challenges. **(10 Hours)**

Practicum: At least 2 (Two) Practicals based on the above units **(20 Hours)**

Essential Readings:

1. Bhawuk, D.P.S. (2012). India and the Culture of Peace: Beyond Ethnic, Religious, and Other Conflicts. In: Landis, D., Albert, R. (eds) *Handbook of Ethnic Conflict. International and Cultural Psychology*. Springer, Boston, MA. https://doi.org/10.1007/978-1-4614-0448-4_7
2. Blumberg HH, Hare AP, Costin A. Conflict resolution. In: *Peace Psychology: A Comprehensive Introduction*. Cambridge University Press; 2006:97-132.
3. Christie, D. J. (2006). What is Peace Psychology the Psychology of? *Journal of Social Issues*, 62(1), 1–17.
4. Coleman, P. T., & Deutsch, M. (Eds.). (2012). *Psychological components of sustainable peace*. Springer Science & Business Media.
5. de Rivera, J. (Ed.). (2009). *Handbook on building cultures of peace*. Springer Science + Business Media.
6. Kool, V. K. (2008). *The psychology of nonviolence and aggression*. Palgrave Macmillan.
7. Mayton, D. M. II. (2009). *Nonviolence and Peace Psychology: Intrapersonal, Interpersonal, Societal, and World Peace*. Springer Science+Business Media.
8. Montiel, C. J., & Noor, N. M. (Eds.). (2009). *Peace psychology in Asia*. Springer Science + Business Media.
9. Njoku, Mary & Jason, Leonard & Johnson, R. (2019). *Psychology of peace promotion: Global perspectives on personal peace, children, and adolescents and social justice*. 10.1007/978-3-030-14943-7.
10. Teelucksingh, J. (2006). Peace Profile: The Legacy of Swami Vivekananda. *Peace Review*, 18(3), 411–417. <https://doi.org/10.1080/10402650600848506>
11. Tripathi, R. C. (2016). Violence and the other: Contestations in multicultural societies. In R. C. Tripathi & P. Singh (Eds.), *Perspectives on violence and othering in India* (pp. 3–28). Springer Science + Business Media.
12. Webel, C. and Galtung, J. (2007). *Handbook of Peace and Conflict Studies*. Routledge, London.