

DEPARTMENT OF PSYCHOLOGY

M.A. Psychology

Structure-I (2- Year PG Program)

DISCIPLINE SPECIFIC ELECTIVE COURSE

SEMESTER II

DSE 201: SOCIO-EMOTIONAL DEVELOPMENT

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite
		Lecture	Tutorial	Practical	
DSE 201 Socio-Emotional Development	4	3	0	1	Graduation in any stream

Marks:100

Hours: 60

Credit: 4 (Lectures + Internal Assessment + Practical)

Course Objectives:

1. To build strong research oriented theoretical foundation in congruence with recent advances in the field of developmental science.
2. The course aims to provide creative spaces to the students to extend their knowledge to the word of practice.
3. To highlight the cultural and contextual nuances of development.

Course Learning Outcomes:

On completion of the course students will be able to

1. Appreciate different perspectives in developmental psychology
2. Understand the cultural basis of human development
3. View and employ different research methods and intervention strategies

Course Content

Unit 1: Social context of development and socialization- Early socialization in family: Parents/adults, siblings, social development and structure of caring; Role of school and media as socializing agents. **(10 Hours)**

Unit 2: Emotional and moral development- Emotions; empathy; moral emotions and moral reasoning. **(10 Hours)**

Unit 3: Building Relationship: friendship in early and middle childhood; Peer relationship during adolescence; later life adjustment; implications for future relationships; social development of trust. **(10 Hours)**

Unit 4: Social understanding and social outcome: Positive social behaviour: helping and sharing and cooperation; social competence and theory of mind; antisocial behaviour: aggression, bullying. **(10 Hours)**

Practicum: At least 2 (Two) practicals based on the above units

(20 Hours)

Essential Readings:

1. Bierman, K. L. (2004). *Peer Rejection: Developmental Processes and Intervention strategies*. New York: Guilford.
2. Brownell, C.A. & Kopp C.B. (2007). *Socioemotional Development in the Toddler Years: Transitions and Transformations*. New York: The Guilford Press. 37
3. Bukowski, W.M., Rubin, K.H. & Laursen, B. (2008). *Socio and Emotional Development: Critical Concepts in Psychology*. UK: Psychology Press.
4. Craig, W. (2000). *Childhood Social Development: The Essential Readings*. MA: Blackwell Publishers
5. Grusec, J. E., & Hastings, P. D. (Eds.). (2014). *Handbook of socialization: Theory and research*. Guilford Publications.
6. Rigby, K. (2008). *Children and Bullying: How Parents and Educators Can Reduce Bullying at School*. Blackwell Publishing
7. Sharma, D. (Ed.) (2003). *Childhood, Family and Sociocultural Change in India: Reinterpreting the Inner World*. New Delhi: Oxford