

**DEPARTMENT OF PSYCHOLOGY**

**M.A. Psychology**

*Structure-I (2- Year PG Program)*

**DISCIPLINE SPECIFIC ELECTIVE COURSE**

**SEMESTER II**

**DSE 205: PSYCHOLOGY AND MYTHOLOGY**

**CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE**

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite
		Lecture	Tutorial	Practical	
DSE 205 Psychology and Mythology	4	3	0	1	Graduation in any stream

**Marks:100**

**Hours: 60**

**Credit: 4 (Lectures + Internal Assessment + Practical)**

**Learning Objectives:**

- 1) To study definition and explanation of myth according to Jung and Eliade
- 2) To study the mythopoetic link between ancient myths and modern man
- 3) To study theories of fairy tales and their archetypal contents
- 4) To study the individual myth and the archetypes

**Learning Outcomes:**

By studying this course, the students will be able to—

- 1) Learn the perspectives of Jung and Eliade on myths
- 2) Learn the archetypal basis of the modern life of man
- 3) Learn to the method of psychological interpretation of fairy tales
- 4) Learn to interpret personal life events as symbolic and archetypal

**Course Contents:**

**Unit 1: Myths**—Carl Jung and Mircea Eliade; functions of myths; sacred and profane; eternal return **(10 Hours)**

**Unit 2: Ancient Myths and Modern Man**—Eternal symbols; archetype of hero; symbols of transcendence **(10 Hours)**

**Unit 3: Fairy Tales**—Myths of childhood; theory and interpretation; archetypes in fairy tales **(10 Hours)**

**Unit 4: Personal Myths**—Second half of life; synchronicity; symbolic life **(10 Hours)**

**Practicum:** At least 2 (Two) practicals based on the above units

**(20 Hours)**

**Essential References:**

1. Eliade, M. (1964). *Myth and Reality*. London: George Allen & Unwin Ltd.
2. Jung, C. G. (Ed.) (1990). *Man and His Symbols*. London: Arkana
3. Segal, R. A. (Ed.) (1998). *Jung on Mythology*. Princeton, New Jersey: Princeton University Press.
4. von Franz, M.-L. (1996). *The Interpretation of Fairy Tales*. Boulder, Colorado: Shambhala Publications, Inc.

**Recommended References:**

1. Stein, M. (2020). *Myth and Psychology*. Asheville, North Carolina: Chiron Publications.
2. Whitmont, E. C. (1978). *The Symbolic Quest, Basic Concepts of Analytical Psychology*. Princeton, New Jersey: Princeton University Press.