

GE-01B : Generic Elective - 1
Fundamentals of Cognition and Emotions

B.A. (Hons.) Humanities & Social Sciences - Semester I
Cluster Innovation Centre, University of Delhi

Credit Distribution, Eligibility and Pre-requisites of the Course						
Course Title & Code	Credits	Credit Distribution			Eligibility Criteria	Pre-requisite
		L	T	P		
Fundamentals of Cognition and Emotions (UPC: 3124101102)	4	3	1	0	Class XII Pass	Nil

L = Lecture; T = Tutorial; P = Practical/Practice; UPC = Unique Paper Code

Learning Objectives

The Learning Objectives of this course are as follows:

- The course is aimed at giving students a basic understanding of human behaviour and factors determining individual differences.
- The course will introduce students to the impact of culture on human behaviour.
- The course is aimed at strengthening critical executive function skills in students.

Learning Outcomes

The Learning Outcomes of this course are as follows:

- Students will develop insight on how behaviour functions and what influences behaviour.
- Students will develop more effective problem solving behaviour and decision making skills.
- Students will be able to negotiate the complexities of emotional development.

SYLLABUS

Unit I: What is Human Behaviour? (12 Hours)

- Defining Human Behaviour; Behaviour and Cognition, Behaviour and Affect and Behaviour and Action
- Genes, Evolution and Behaviour
- Measuring Human Behaviour
- Complexities of defining Human Behaviour
- Consciousness and Conscious Experience

Unit II: Learning and Behaviour (12 Hours)

- Theories of Learning
- Culture, Learning and Behaviour

Unit III: Language and Thinking (9 Hours)

- Functions, Properties and Production of Language
- Why do we think? Problem Solving & Decision Making

Unit IV: Emotions and Behaviour (12 Hours)

- Characteristics of emotions - biology, cognition, affect & action
- Theories of Emotions
- Assessing emotions
- Culture and emotions

Practical component - NIL

Readings

1. Baron, R. & Misra.G. (2013). Psychology. New Delhi: Pearson.
2. Cacioppo (2013). Discovering Psychology: The Science Of Mind, 1st Edition. USA: Cengage Learning.
3. Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education.
4. Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and Behaviour. New Delhi: Tata McGraw-Hill.
5. Kalat, J. W. (2011). Introduction to Psychology (9th Ed). USA: Cengage Learning

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.
