

SEMESTER-I
B.A. (Prog.) with Physical Education as a Major

DISCIPLINE B1-(4):B.A.-PE-DSC-1-(4)-STRUCTURE AND FUNCTIONS OF GOVERNING BODIES OF SPORTS

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
DISCIPLINE B1-(4): B.A.-PE-DSC-1(4)-STRUCTURE AND FUNCTION OF GOVERNING BODIES OF SPORTS	4	3	0	1	Class XII pass	NIL

Learning Objective: To familiarize the students with the major sports competitions, and professional training institutions in India along with the structure and functions of various sports bodies/ organizations.

Learning Outcomes:

1. The learners will know about the existing sports competitions in India and the world, so that they can explore the best possibilities.
2. The learners will develop factual knowledge and develop applications of professional preparation in the field of physical education and sports in India, so that they can explore the best possibilities.
3. The learners will be acquainted with the organizational structure and functions of various sports bodies for different applications, so that they can explore the best possibilities.
4. The learners will be able to develop an understanding of the functioning of various sports bodies/ organizations at national and international levels and apply the same for different professional purposes so that they can explore the best possibilities.

SYLLABUS

Credit: 4 - (3 Theory, 1 Practical)

Theory: 45 Hours

Practical: 30 Hours

PART-A: THEORY

Unit-1: Major Sports Competitions at International and National Level (11 Hours)

1. Olympic Games (Summer, Winter and Paralympics)
2. Asian Games, Commonwealth Games, SAF Games,
3. World Cups, World Universities, World Championships

4. National Games, National Championships
5. Khelo India University Games (KIUG), Inter-University (All India & Zonal) Competitions
6. Major International and National League Tournaments

Unit-2: Institutes for Professional Preparation of Physical Education and Sports in India (11 Hours)

1. Young Men Christian Association (YMCA)
2. Lakshmbai National Institute of Physical Education (LNIPE)
3. Indira Gandhi Institute of Physical Education and Sports Sciences (IGIPES)
4. Hanuman Vyayam Prasarak Mandal, Amravati (HVPM)
5. Netaji Subhash National Institute of Sports (NSNIS)

Unit-3: Structure and Functions of International Sports Bodies/Organizations (12 Hours)

1. International Olympic Committee (IOC)
2. International Paralympic Committee (IPC)
3. Olympic Council of Asia (OCA)
4. Commonwealth Games Federation (CGF)
5. South Asian Federation Games (SAFG)
6. International Sports Federations (ISFs)
7. International University Sports Federation (FISU)
8. World Anti-Doping Agency (WADA)

Unit-4: Structure and Functions of National Sports Bodies/ Organizations (11 Hours)

1. Indian Olympic Association (IOA)
2. Ministry of Youth Affairs and Sports (MYAS)
3. Sports Authority of India (SAI)
4. Association of Indian Universities (AIU)
5. National Sports Federations (NSFs)
6. National Anti-Doping Agency (NADA)

PART-B: PRACTICALS

(30 Hours)

1. Prepare a report on any one National Sports Federation.
2. Prepare a report on the National Anti-Doping Agency laboratory.
3. Prepare a report on any Physical Education Institute of India.
4. Organize any intra-mural/ extra-mural competition in the National/ International League/ Knockout tournament format and prepare a report.

Marking Scheme:

Theory Written Exam	:	90 Marks
Internal Assessment	:	30 Marks
Practical	:	40 Marks

Suggested Readings:

1. Graham, G. (2001), Teaching Children Physical Education: Becoming a Master Teacher. Human Kinetics, Champaign, Illinois, USA.
2. Kamlesh, M.L. & Singh, M. K. (2006), Physical Education (Naveen Publications).
3. Lau, S.K. (1999), Great Indian players, New Delhi, Sports Publications
4. Lumpkin, A. (2007), Introduction to Physical Education, Exercise Science and Sports Studies, McGraw Hill, New York, U.S.A.
5. Shaffer, D.R. (2002), Developmental Psychology: Childhood and Adolescence. Thomson, Sydney, Australia.
6. Sharma K. (2014), *Sharirik Shiksha Ka Itihas*, Friends Publications (India), New Delhi.
7. Siedentop, D. (2004), Introduction to Physical Education, Fitness and Sport, McGraw Hill Companies Inc., New York, USA.
8. Singh, A. et.al. (2000), Essentials of Physical Education, Kalyani Publishers, Ludhiana, Punjab.
9. Wuest, D.A. & C.A. Bucher (2006), Foundations of Physical Education, Exercise Science, and Sports. McGraw Hill Companies, Inc., New York, USA.
10. Websites of concerned organizations:
 - 1) <https://olympics.com>
 - 2) <https://ocasia.org>
 - 3) <https://www.fisu.net>
 - 4) <https://thecgf.com>
 - 5) <https://uia.org>
 - 6) <https://www.wada-ama.org>
 - 7) <https://olympic.ind.in>
 - 8) <https://yas.nic.in>
 - 9) <https://sportsauthorityofindia.nic.in>
 - 10) <https://evaluation.aiu.ac.in>
 - 11) <https://www.nadaindia.org>
 - 12) <https://schooltimesindia.com>
 - 13) <https://sportsCouncil.in>

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.