

SEMESTER-V

B.A. (Prog.) with Physical Education as a Major

DISCIPLINE B5-(4): B.A.-PE-DSC-5-(4)-SPORTS SOCIOLOGY

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
DISCIPLINE B5-(4): B.A.-PE-DSC-5-(4)- SPORTS SOCIOLOGY	4	3	0	1	Class XII pass	NIL

Learning Objective:

The objective of this course is to provide an understanding and practice to the learner about sports sociology, the interrelationship between society and sports, and also gender and socialization.

Learning Outcomes:

1. The learner will understand the importance and applications of sports sociology.
2. The learners will be able to articulate sociological perspectives with sports.
3. The learners will be able to inculcate the sports culture in their life & society.
4. The learner will be able to establish the relationship between society and sports.
5. The learner will be able to analyze gender inequality in sports.
6. The learner will be able to understand the significance of socialization through games and sports.

SYLLABUS

CREDITS: 4 [Theory-3, Practical-1]

Theory-45 hours

Practical-30 hours

PART-A: THEORY

Unit – I: Sports Sociology

(11 hours)

- 1.1 Meaning and definition of sociology and sport sociology
- 1.2 Nature and scope of sociology, Importance of sports sociology
- 1.3 Sociological perspectives in sports (Functionalism and Conflict)

Unit-2: Sports, Society and Culture

(11 hours)

- 2.1 Meaning and structure of society
- 2.2 Historical development of sports in different types of societies
- 2.3 Meaning of culture and sports culture, Importance of sports culture
- 2.4 Nationalism through sports

Unit-3: Sports and Gender**(11 hours)**

- 3.1 Gender equality and sports participation
- 3.2 Women performance in sports in India
- 3.3 Barriers and opportunities for women in sports

Unit-4: Socialization and Sports**(12 hours)**

- 4.1 Meaning of socialization and sports socialization
- 4.2 Agencies of sports socialization (family, school, college, peer group)
- 4.3 De-socialization of sports
- 4.4 Sports as a means of inclusion

PART-B: PRACTICALS:**(30 hours)**

- 1. Conduct a survey on the status of sports in society/ community.
- 2. Collect data on any sport of choice based on commercial growth
- 3. Sociometric Test (collect data and write an article of at least 10 members of the sports team)
- 4. Cultural Determination (collect data and write an article of at least 10 members of the sports team)

Marking Scheme:

Theory Written Exam	:	90 Marks
Internal Assessment	:	30 Marks
Practical	:	40 Marks

Suggested Readings:

- 1. Bhupinder Singh (2004), **Sports Sociology-An Indian Perspective**. New Delhi: Friends Publications, ISBN 978-8172160852.
- 2. Brown, S.P. (2006). **Introduction to the Sociology of Sport**. Baltimore: Lippincott Williams & Wilkins.
- 3. Coakley, J.J. (2009). **Sporting Sociology, Issues and controversies**, McGraw Hill International.
- 4. Coakley, J.J. (2015). **Sports in society: Issues and controversies**. New York: McGraw-Hill; Olympic Studies Centre. (2014).
- 5. Delaney, T. & Madigan, T. (2009). **The Sociology of Sport: An introduction**. USA: McFarland & Company.
- 6. Shaw D. (2020) **“Physical Education Practical Manual for Class XI”** Prachi Publication, ISBN: 978-8193-7698-0-5.
- 7. Shaw D. (2020) **“Physical Education for Class XII”** Prachi Publication, ISBN: 978-81-7730-848-8.
- 8. Shaw D. (2020) **“Physical Education for Class XI”** Prachi Publication, ISBN: 978-81-7730-847-1.
- 9. Shaw D. (2020) **“Physical Education Practical Manual for Class XII”** Prachi Publication, ISBN: 978-81-937698-1-2.
- 10. Shaw D. (2020) **“Parable Global English Hindi Dictionary of Physical Education & Sports Sciences”** Khel Sahitya Kendra, ISBN: 978-93-90461-18-9.

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.