

SYLLABUS OF DISCIPLINE SPECIFIC ELECTIVE PAPERS (DSE)
SEMESTER-VIII
B.A.DSE (PE)-4.2
PROFESSIONAL PREPARATION AND CURRICULUM DESIGN
DSE

Sl. No.	Course Title & Code	Credits	Credit Distribution of the Course			Eligibility Criteria	Pre-Requisite of the Course (if any)
			Lecture	Tutorial	Practical/ Practice		
2	B.A.DSE (PE)-4.2 PROFESSIONAL PREPARATION AND CURRICULUM DESIGN	04	3	0	1	XII Pass	NIL

Learning Objectives:

1. To develop an understanding of professional preparation in physical education.
2. To develop skills to meet professional requirements.
3. To understand the need for professional development.
4. To acquire skills and competencies for professional development.

Learning Outcomes:

- 1 Understand professional preparation in physical education, comparing perspectives from pre- and post-independence India and other countries.
- 2 Gain knowledge of the foundation, objectives, and characteristics of professional preparation programs, courses available in physical education and sports, and the role of physical education teachers and institutes.
- 3 Define and understand concepts such as profession, professional, and professionalism in physical education, explore career avenues at different educational levels, and apply learning through practical activities like case studies and surveys.

SYLLABUS

CREDITS: 4 [Theory-3, Practical-1]

Theory-45 hours

Practical-30 hours

PART-A: THEORY

THEORY SYLLABUS

(45 HOURS)

UNIT-I HISTORICAL PERSPECTIVE

(10 HOURS)

1. Professional Preparation in India
2. Pre-Independence perspective
3. Post-Independence perspective

UNIT-II PROFESSIONAL PREPARATION PROGRAMMES

(12 HOURS)

1. Foundation: need, objectives, and characteristics of professional preparation programs
2. Courses available in physical education and sports
3. Role of physical education teachers and institutes in professional preparation programs

UNIT-III PHYSICAL EDUCATION AND PROFESSIONALISM (11 HOURS)

1. Concept and meaning of Profession, Professional and Professionalism
2. Physical education as a profession

UNIT-IV CAREER AVENUES & JOB OPPORTUNITIES IN PHYSICAL EDUCATION & SPORTS (12 HOURS)

1. Career avenues after certificate course, diploma, under-graduation and post-graduation, and research degrees.
2. Planning for a career: self-assessment, motivational dynamics, decision-making, counseling, and guidance
3. Challenges and opportunities in physical education
4. Inter-relationships among various careers in physical education and sports

PRACTICALS: (30 HOURS)

1. Case study on National Sports Policy
2. Case study on National Education Policy highlighting the role of physical education.
3. A Survey on current job avenues with certificate courses, diploma courses, under-graduation degrees, post-graduation degrees, and doctoral degrees in physical education.

Suggested Readings:

1. Gupta Rakesh, Sharma Akhilesh, and Sharma Santosh, Professional Preparation and Curriculum Designing Physical Education & Sports Sciences, New Delhi, Friends Publications, 2004.
2. Sandhu Kiran, Professional Preparation and Career Development in Physical Education, New Delhi, Friends Publications, 2004.
3. Sandhu Kiran, Trends and Development in Professional Preparation in Physical Education, New Delhi, Friends Publication, 2006.
4. Zeigler E.F, Professional and Scholarly Foundation of Physical Education and Kinesiology, Sports Educational Technologies, 2007.
5. Gupta, Rakesh (2017), Curriculum design, Friends publications.
6. Sharma, J.P (2005), Curriculum design in Physical education, Khel Sahitya Kendra.
7. James, Jose (2005) Curriculum design in Physical education and sports, Friends publications.

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.