

SYLLABUS OF GENERIC ELECTIVE PAPERS (GE)
SEM- 2 (GE-4)

**PROFESSIONAL PREPARATION AND CAREER AVENUES
IN PHYSICAL EDUCATION AND SPORTS**

Sl. No.	Course Title & Code	Credits	Credit Distribution of the Course			Eligibility Criteria	Pre-Requisite of the Course (if any)
			Lecture	Tutorial	Practical/Practice		
4	PROFESSIONAL PREPARATION AND CAREER AVENUES IN PHYSICAL EDUCATION AND SPORTS	04	3	0	1	XII Pass	NIL

LEARNING OBJECTIVES:

1. To develop an understanding of professional preparation in physical education.
2. To develop skills to meet professional requirements.
3. To understand the need for professional development.
4. To acquire skills and competencies for professional development.

COURSE OUTCOMES:

- Students will be able to develop an understanding of professional preparation in physical education.
- Student will be able to develop skills to meet professional requirements.
- To understand the need for professional development.
- To acquire skills and competencies for professional development.
- To gain knowledge of curriculum development.
- To acquire skills to analyze, develop, and evaluate curriculum

SYLLABUS

No. of Credits: 04 (Lecture-03, Practical-1)

Theory: 45 hours, Practical: 30 hours.

UNIT-I HISTORICAL PERSPECTIVE

(11 hrs lecture)

- Professional Preparation in India
- Pre-independence perspective
- Post-independence perspective

UNIT-II PROFESSIONAL PREPARATION PROGRAMMES

(12 hrs lecture)

- Importance, objectives, and characteristics of professional preparation programs
- Courses available in physical education and sports.
- Role of physical education teacher in professional preparation programs
- Role of institutes in professional preparation programs

UNIT-III PHYSICAL EDUCATION AND PROFESSIONALISM

(11 hrs lecture)

- Concept and meaning of Profession, Professional and Professionalism.
- Physical education as a profession.
- Challenges in physical education

UNIT-IV CAREER AVENUES & JOB OPPORTUNITIES IN PHYSICAL EDUCATION & SPORTS

(11 hrs lecture)

- Career avenues and opportunities for undergraduate, graduate, postgraduate, and research degrees.
- Planning for a career: self-assessment, motivational dynamics, decision-making, counseling, and guidance
- Inter-relationships among various careers in physical education and sports

PRACTICALS

(30 hrs)

1. Case study on national sports policy
2. National education policy
3. Brief Report on any two institutes/ colleges offering Physical Education courses in India

Suggested Readings

1. Adams William C. Foundation of Physical Education Exercise and Sports Sciences, Philadelphia, 1991
2. Gupta Rakesh, Sharma Akhilesh, and Sharma Santosh, Professional Preparation and Curriculum Design in Physical Education & Sports Sciences, New Delhi, Friends Publications, 2004
3. Hoover. Kenneth H., The Professional Teachers Handbook, Boston, Allyn and Bacon, 1972
4. Krik David, Physical Education and Curriculum Study, Kent, Croom Helm, 1988
5. Sandhu Kiran, Professional Preparation and Career Development in Physical Education, New Delhi, Friends Publications, 2004
6. Sandhu Kiran, Trends and Development in Professional Preparation in Physical Education, New Delhi, Friends Publication, 2006
7. Wessel Janet A, and Kelly Luke, Achievement-Based Curriculum Development in Physical Education, Philadelphia, Lea and Febiger, 1986
8. Sahrawat M (2023) Success Mirror Manisha publications ISBN 978-93-94043-96-1.

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.