

Programme Structure

Programme Name: B. A. (Prog) Psychology

List of Discipline Specific Core (DSC) with Psychology (Major)

Semester	Name of the Course	Type of Course	Course Number	UPC	Total Credits	Credit Distribution of the Paper		
						Theory	Tutorial	Practical
I	Fundamentals of Psychology	Core	DSC-1	2112201101	4	3	0	1
	Fundamentals of Cognitive Psychology	Core	DSC-2	2112201102	4	3	0	1
II	Introduction to Social Psychology	Core	DSC-3	2112201201	4	3	0	1
	Applications of Social Psychology	Core	DSC-4	2112201202	4	3	0	1
III	Understanding Mental Disorders	Core	DSC-5	2112202301	4	3	0	1
	Biopsychology	Core	DSC-6	2112112302	4	3	1	0
IV	Statistical Methods and Psychological Testing	Core	DSC-7	2112202401	4	3	0	1
	Emergence and Growth of Psychology	Core	DSC-8	2112202402	4	3	1	0
V	Organizational Behaviour	Core	DSC-9	2112203501	4	3	0	1
	Perspectives in Mental and Behavioral Disorders	Core	DSC-10	2112203502	4	3	0	1
VI	Counselling Psychology	Core	DSC-11	2112102601	4	3	0	1
	Developmental Psychology	Core	DSC-12	2112203602	4	3	0	1
VII	Fundamentals of Inferential Statistics	Core	DSC-13	2112204701	4	3	1	0
VIII	Community Psychology	Core	DSC-14	2112204801	4	3	0	1

List of Discipline Specific Core (DSC) with Psychology (Minor)

Semester	Name of the Course	Type of Course	Course Number	UPC	Total Credits	Credit Distribution of the Paper		
						Theory	Tutorial	Practical
I	Fundamentals of Psychology	Core	DSC-1	2112201101	4	3	0	1
II	Introduction to Social Psychology	Core	DSC-3	2112201201	4	3	0	1
III	Understanding Mental Disorders	Core	DSC-5	2112202301	4	3	0	1
IV	Statistical Methods and Psychological Testing	Core	DSC-7	2112202401	4	3	0	1
V	Organizational Behaviour	Core	DSC-9	2112203501	4	3	0	1
VI	Counselling Psychology	Core	DSC-11	2112102601	4	3	0	1

List of Discipline Specific Elective (DSE)

Semester	Name of the Course	Type of Course	Course Number	UPC	Total Credits	Credit Distribution of the Paper		
						Theory	Tutorial	Practical
V	Positive Psychology	Discipline Specific Elective	DSE-1	2113200001	4	3	1	0
	Diversity and Inclusion in Institutions	Discipline Specific Elective	DSE-2	2113200002	4	3	1	0
	Self and Personal Growth	Discipline Specific Elective	DSE-3	2113200003	4	3	1	0
VI	Psychological Research – Paradigms, Approaches and Methods	Discipline Specific Elective	DSE-4*	2113100014	4	3	0	1
	Essentials of Media Psychology	Discipline Specific Elective	DSE-5	2113100017	4	3	1	0
	Managing Human Capital at Workplace	Discipline Specific Elective	DSE-6	2113100015	4	3	1	0
VII	Development of Indian Psychological Thought	Discipline Specific Elective	DSE-7	2113200007	4	3	1	0
	Personality Psychology	Discipline Specific Elective	DSE-8	2113200008	4	3	0	1
	Introduction to Psychology of Gender	Discipline Specific Elective	DSE-9	2113200009	4	3	1	0
	School Psychology	Discipline Specific Elective	DSE-10	2113200010	4	3	1	0
	Yoga and Psychology	Discipline Specific Elective	DSE-11	2113200011	4	3	1	0
	Psychological Research – Paradigms, Approaches and Methods	Discipline Specific Elective	DSE-4*	2113100014	4	3	0	1
VIII	Basics of Sports Psychology	Discipline Specific Elective	DSE-12	2113200012	4	3	1	0
	Consumer Psychology	Discipline Specific Elective	DSE-13	2113200013	4	3	1	0
	Understanding and Dealing with Trauma	Discipline Specific Elective	DSE-14	2113200014	4	3	1	0
	Psychology of Ageing	Discipline Specific Elective	DSE-15	2113200015	4	3	1	0
	Intersections of Psychology and Technology	Discipline Specific Elective	DSE-16	2113200016	4	3	1	0
	Foundations of Neuropsychology	Discipline Specific Elective	DSE-17	2113200017	4	3	1	0

Semester	Name of the Course	Type of Course	Course Number	UPC	Total Credits	Credit Distribution of the Paper		
						Theory	Tutorial	Practical
	Basic Psychotherapeutic Skills	Discipline Specific Elective	DSE-18	2113200018	4	3	0	1

List of Generic Elective (GE)

Semester	Name of the Course	Type of Course	Course Number	UPC	Total Credits	Credit Distribution of the Paper		
						Theory	Tutorial	Practical
III/V (FLIP MODE)	Industrial and Organisational Psychology	Generic Elective	GE-9	2114001201	4	3	1	0
	Media Psychology	Generic Elective	GE-10	2114000015	4	3	1	0
	Youth and Mental Health	Generic Elective	GE-11	2114002002	4	3	1	0
	Foundations of Developmental Psychology	Generic Elective	GE-12	2114000016	4	3	0	1
	Identifying and Dealing with Psychological Disorders	Generic Elective	GE-13	2114000012	4	3	0	1
	Psychology of Adjustment	Generic Elective	GE-14	2114000014	4	3	1	0
IV/VI (FLIP MODE)	Foundations of Inquiry in Psychology	Generic Elective	GE-15	2114000011	4	3	0	1
	Psychology at the Workplace	Generic Elective	GE-16	2114000013	4	3	1	0
	Negotiating Intimate Relationships	Generic Elective	GE-17	2114000017	4	3	1	0
	Group Processes and Dynamics at Work	Generic Elective	GE-18	2114000023	4	3	0	1
	Disability and Rehabilitation	Generic Elective	GE-19	2114000024	4	3	1	0
VII	Understanding Human Resources	Generic Elective	GE-20	2114000022	4	3	1	0
	Psychology and Communities	Generic Elective	GE-22	2114000032	4	3	1	0
	Cognitive Psychology in Contemporary World	Generic Elective	GE-23	2114000033	4	3	1	0
	Fundamentals of Sports Psychology	Generic Elective	GE-24	2114000025	4	3	0	1
	Statistical Foundations for Psychological Research	Generic Elective	GE-25	2114000034	4	3	1	0
VIII	Basics of Counselling Psychology	Generic Elective	GE-26	2114000035	4	3	1	0
	Conflict and Conflict Management at Work	Generic Elective	GE-27	2114000036	4	3	1	0
	Yoga and Psychology	Generic Elective	GE-28	2114000037	4	3	1	0
	Family Relations	Generic Elective	GE-29	2114000038	4	3	1	0