

DISCIPLINE SPECIFIC CORE COURSE - 8: EMERGENCE AND GROWTH OF PSYCHOLOGY

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
DSC-8 Emergence and Growth of Psychology	4	3	1	0	Passed Class 12 th	Basic knowledge of introductory psychology

Learning Objectives

The Learning Objectives of this course are:

- To understand the key tenets and historical and contemporary relevance of different schools of Psychology.
- Critically evaluate the limitations of underlying assumptions of psychological theories and principles.

Learning Outcomes

By studying the course students will be able to:

- Appreciate the changing nature and of subject matter and methodologies in the evolution of the discipline.
- Apply psychological concepts and principles in a more informed manner in diverse settings

SYLLABUS OF DSC-8

UNIT – I:

(9

Hours)

Early Schools of Psychology- Structuralism, Functionalism and Gestalt Psychology (tenets and contributions), Core and Context of Indian Psychology

UNIT – II:

(12

Hours)

Behaviourism - Watsonian Behaviourism, Skinnerian Behaviourism; Emergence of Information Processing Approach of Cognitive Psychology

UNIT – III:**(12****Hours)**

Psychoanalysis - Classical Freudian Approach (Models and Critique), Adlerian Perspective (Central concepts), Feminist Critique of Freudian Psychoanalysis: Contributions of Karen Horney

UNIT – IV:**(12****Hours)**

Third Force Psychology- Rogerian Self Psychology, Maslow's Hierarchy of Needs, Existentialism (Tenets and Contributions)

Tutorial Component –**(15****Hours)****Suggestive Tutorial Activities:**

- Role playing a psychologist
- Turncoat debate on debates in psychology
- Position paper on perspectives in psychology
- Group discussion on applications in psychological theories

Practical Component – NIL**Essential/recommended readings**

Dalal, A. K. & Mishra G. (2010). The Core and Context of Indian Psychology. *Psychology and Developing Societies*, 22, 1 (2010): 121-155.

Hergenhahn, B.R. & Henley, T.B. (2014). *An introduction to history of psychology*. London: Wadsworth, Cengage Learning.

Lawson, R.B., Anderson, E.D., & Cepeda-Benito, A. (2017). *A History of Psychology: Globalization, Ideas, and Applications* (2nd edition). New York: Routledge

Schultz, D.P. & Schultz, S.N. (2011). *A history of modern psychology*. London: Wadsworth, Cengage Learning.

Suggestive readings

King, D.B., Viney, W. & Woody, W.D. (2008). *A history of psychology: Ideas and context*. London, UK: Pearson Education.

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.