

BA (Prog.) with Psychology as Minor
Category-III

DISCIPLINE SPECIFIC CORE COURSE – 1
CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite	Pre-requisite of the course, if any
		Lecture	Tutorial	Practical		
Fundamentals of Psychology	4	3	0	1	Class XII Passed	Nil

3 classes for theory + 2 classes for Practical (10-12 students per week per group)

Objective: To introduce learners to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life.

Learning Outcomes: After completing this course, the student will be able to:

- Understand the basic psychological processes
- Apply principles of psychology in everyday life

Unit 1: Introduction (9 Hours)

Psychology: Nature, goals and scope; Perspectives in psychology: Structuralism, Functionalism, Evolutionary, Psychodynamic, Behaviourism, Cognitive, Humanistic-Existential, Indian perspective.

Unit 2: Learning and Memory (12 Hours)

Nature of Learning and applications: Classical conditioning, operant conditioning, observational learning.

Memory: Nature and models of memory- Information processing, levels of processing, parallel distributed processing; techniques for improving memory.

Unit 3: Personality and Intelligence (12 Hours)

Personality: Nature of personality; theories of personality: Trait theory (Big Five Theory), Psychoanalytic and Humanistic

Intelligence: Nature of intelligence; theories of intelligence: Spearman's two factor, Gardener's multiple intelligence, Sternberg triarchic theory; PASS model

Unit 4: Practicum (8 Hours)

Any one experiment based on Unit-2.

References:

Baron, R. A. & Mishra, G. (2016). Psychology. Pearson.

Baron, R. A. (2002). Psychology (5th Edition), New Delhi: Pearson Education.

Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. New Delhi: Pinnacle Learning.

Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education.

Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill.

Feldman R.S. (2011). Understanding Psychology, 10th edition. Delhi : Tata- McGraw Hill.
Hilgard & Atkinson- Introduction to Psychology (2003) 14th Edition, Thomson Learning Inc.

Morgan, C.T., King, R.A., Weisz, J.R., & Schopler, J. (2008). Introduction to psychology (7th edition) Bombay: Tata-McGraw Hill.

Hussain, Akbar (2014). Experiments in Psychology. Publishers: PHI learning Pvt. Ltd.

Mohanty. G. (2010). Experiments in Psychology. New Delhi: Kalyani Publishers.

Dandekar. W.N (1999). Experimental Psychology. Pune: Proficient publishing house.