

GENERAL ELECTIVE COURSE: Psychology and Communities

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
GE- Psychology and Communities	4	3	1	0	Class XII	Nil

Learning Objectives

- To comprehend the concepts and goals of Community Psychology.
- To examine research methods relevant to the field of Community Psychology.
- To learn applications of Community Psychology towards vulnerable communities.
- To understand the links between community-based work and mental health.

Learning outcomes

By studying this course, students will be able to:

- Obtain a greater understanding of community based work.
- Analyze phenomena through an ecological lens.
- Acquire the readiness to work with different communities.

Syllabus

UNIT – I Community Psychology - An Introduction

(12 Hours)

Definition and types of communities; Nature and core values of community psychology; Ecological Systems Perspective in Community Psychology

UNIT – II Research in Community Psychology

(12 Hours)

Goals of Community Research; Assumptions and Values underlying Research in Community Psychology; Processes in Community Psychology Research; Research methods of Community Psychology

UNIT III- Working with Vulnerable Communities

(9 Hours)

Community based work on maternal and child health; Community based work with communities facing natural disasters; Community based work with indigenous (tribal) communities

UNIT IV- Community Mental Health in India

(12 Hours)

Community Mental Health; Changing Public Stigma in India; Prevention and Treatment of Mental Health Problems at the Community Level; Community-based Rehabilitation

Suggestive tutorial activities (15 hours)

- Discussions on the lives and works of well-known community psychologists and/or advocates
- Presentations on topics relevant to Community Psychology
- Devising and sharing interesting research designs and interventions on topics given in the syllabus
- Self-reflective exercises on students' community based identities
- Documentary screening and analysis on diverse communities.

- Analysis of policies relevant to different communities

Essential readings

- Bakic, H., & Ajdukovic, D. (2021). Resilience after natural disasters: the process of harnessing resources in communities differentially exposed to a flood. *European journal of psychotraumatology*, 12(1), 1891733.
- Cáceres, Á. L., Ramesh, R. M., Newmai, P., Kikon, R., & Deckert, A. (2023). Perceptions, health seeking behavior and utilization of maternal and newborn health services among an indigenous tribal community in Northeast India—a community-based mixed methods study. *Frontiers in Public Health*, 11.
- Deb, S., Sunny, A. M., & Sanyal, N. (2020). *Community Psychology: Theories and Applications*. SAGE Publications India Pvt Limited.
- Joseph, J. K., Anand, D., Prajeesh, P., Zacharias, A., Varghese, A. G., Pradeepkumar, A. P., & Baiju, K. R. (2020). Community resilience mechanism in an unexpected extreme weather event: An analysis of the Kerala floods of 2018, India. *International Journal of Disaster Risk Reduction*, 49, 101741.
- Kloos B. Hill, J Thomas, Wandersman A, Elias M.J. & Dalton J.H. (2012). *Community Psychology: Linking Individuals and Communities*. Singapore: Wadsworth Cengage Learning.
- McNamara, R. A., & Naepi, S. (2018). Decolonizing community psychology by supporting indigenous knowledge, projects, and students: Lessons from Aotearoa New Zealand and Canada. *American Journal of Community Psychology*, 62(3-4), 340-349.
- Nelson, G., & Prilleltensky, I. (2005). *Community psychology: In pursuit of liberation and well-being*. Palgrave Macmillan.
- Opačić, A. (2021). *Practicing Social Work in Deprived Communities*. Springer International Publishing.
- Palita, S. K., Panda, D., & Nayak, J. K. (2023). Indigenous Communities And Biodiversity Conservation: An Indian Perspective. *Science And Culture*.
- Sharma, S., Mehra, D., Akhtar, F., & Mehra, S. (2020). Evaluation of a community-based intervention for health and economic empowerment of marginalized women in India. *BMC Public Health*, 20(1), 1-16.

Additional References:

- Bhattacharjee, S. (2021). Conservation of Indigenous Tribal Culture at Tripura, India: A Model. *Library Philosophy and Practice*, 1-11.
- Duffy, K. G., & Wong, F. Y. (2000). *Community psychology*. Allyn & Bacon.
- Gupta, M., Bosma, H., Angeli, F., Kaur, M., Chakrapani, V., Rana, M., & Van Schayck, O. C. (2017). Impact of a multi-strategy community intervention to reduce maternal and child health inequalities in India: a qualitative study in Haryana. *PloS one*, 12(1), e0170175.

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.