

APPLIED PSYCHOLOGY
DISCIPLINE SPECIFIC ELECTIVE

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/Practice		
DSE: 6 Disorders of Childhood and Adolescence	04	03	0	01	Class 12th Pass	Nil

Learning Objectives

This course has the following objectives:

- Develop an understanding of how maladaptive behavior appears in different life periods.
- Know the common disorders of childhood and adolescence.
- Understand the clinical picture and etiology of the common disorders of childhood and adolescence.

Learning Outcomes

- Demonstrate a critical understanding of some of the neurodevelopmental disorders as well as Disruptive, Impulse-Control, and Conduct Disorders in Clinical Psychology.
- Develop a foundation for a career in Clinical Psychology.

Syllabus

Unit 1. Introduction to Neurodevelopmental Disorders; ADHD, Autism Spectrum Disorder (Clinical Picture and Etiology) (15 hours)

Unit 2. Intellectual Disabilities, Specific Learning Disorders (Clinical Picture and Etiology)
(15 hours)

Unit-3. Introduction to Disruptive, Impulse-control, and Conduct Disorders; Conduct Disorder, Oppositional Defiant Disorder; Introduction to Eating disorders; Anorexia Nervosa, Bulimia Nervosa, Binge-eating disorder (Clinical Picture and Etiology) (15 hours)

Practicals (30 hours)

Two practicums to be done, one each from the following two areas:

1. Case-history of at least two cases from the list of disorders mentioned above
2. Screening children for above disorders in schools/communities
3. Assessing stress of caregivers of children with above disorders

Essential/Recommended Readings:

Hooley, J.M., Butcher, J.N., Nock, M.K., & Mineka, S. (2017). *Abnormal psychology* (17th ed., global edition). Boston: Pearson.

Goldstein, S. and DeVries, M. (2017). *Handbook of DSM-5 disorders in children and adolescents*. Springer International Publishing AG.

Suggested Readings:

American Psychiatric Association (2022). *Diagnostic and Statistical Manual of Mental Disorders* (5th ed., text revision)-DSM-5-TRTM.

Brinkerhoff, S. (2014). *Childhood and adolescent disorders*. Simon and Schuster.

Dailey, S.F., Gill, C.S., Karl, S.L., & Barrio Minton, C.A. (2014). *DSM-5: Learning Companion for Counselors*. Alexandria, VA: American Counseling Association.

Kendall, P.C., & Comer, J.S. (2010). *Childhood disorders*. USA: Taylor and Francis.

Whitbourne, S.K., and Halgin, R.P. (2015). *Abnormal psychology: Clinical perspectives on psychological disorders* (7th ed.). India: McGraw Hill Education Pvt. Ltd.

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.