

**COMMON POOL OF GENERIC ELECTIVES (GE) COURSES**  
**Offered by Department of Psychology**

**GENERIC ELECTIVE– 1**  
**CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE**

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite	Pre-requisite of the course, if any
		Lecture	Tutorial	Practical		
Foundations of Psychology	4	3	1	0	Class XII Passed	Nil

Course Learning Outcomes

- To introduce the core concepts of psychology with an emphasis on applications of psychology in everyday life.
- To help students develop an insight into their own and others' behavior and underlying mental processes.
- To understand and be able to interweave the fundamental psychological concepts of learning, memory, motivation, and emotion.
- To understand the theoretical perspectives and research findings that have shaped some of the most important areas of contemporary psychology.

**Unit 1: What is Psychology :** Psychology as a science; Major schools of Psychology; Evolution of Psychology in India; Subfields and Applications of Psychology **(12 Hours)**

**Unit 2: Mind as Information Processer:** Bottom-up and Top-down processing, Perceptual organizational processes, Acquiring Information: Learning by Association, Social Cognitive Learning, Encoding and Retrieval in Memory: Information Processing model; Why we forget? Mnemonics **( 16 Hours)**

**Unit 3: Self and Personality:** Nature and Perspectives (Trait and Type, Jungian Theory of Psychoanalysis, Roger's Self Theory), Measures of Personality: Inventories and Projective techniques, Culture and Personality **(16 Hours)**

**Unit 4: Intelligence and Creativity:** Nature and Perspectives: Psychometric approach (Spearman's 'g' factor theory), Cognitive perspective (Fluid and Crystallized Intelligence; Triarchic Theory of Intelligence), Multiple Intelligences, Managing emotions intelligently, Nature of Creativity **(16 Hours)**

**References:**

- Baron, R.A and Misra, G. (2014). Psychology (Indian Subcontinent Edition). Pearson Education Ltd.
- Ciccarelli, S. K & Meyer, G.E (2008). Psychology (South Asian Edition). New Delhi: Pearson
- Feldman. S.R. (2009). Essentials of understanding psychology (7th Ed.) New Delhi: Tata Mc Graw Hill.
- Passer, M.W., Smith, R.E., Holt, N. and Bremner, A. (2008). Psychology: The Science of Mind and Behaviour. McGraw-Hill Education. UK
- Zimbardo, P.C. & Weber, A.L. (1997). Psychology, New York: Harper Collins College Publishers.
- Robinson-Riegler, G., & Robinson-Riegler, B. (2008). *Cognitive psychology: Applying the science of the mind (2<sup>nd</sup> ed.)*. Boston: Pearson/Allyn and Bacon.
- Singh A.K (2017) *संज्ञक मनोविज्ञान: Cognitive Psychology*. Motilal Banarsidass Publishers Pvt.Ltd.
- Singh A.K (2017) *उच्चतर सामान्य मनोविज्ञान: Advanced General Psychology*. Motilal Banarsidass Publishers Pvt.Ltd.

## GENERIC ELECTIVE– 2

### CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite	Pre-requisite of the course, if any
		Lecture	Tutorial	Practical		
Understanding Psychology	4	3	0	1	<b>Class XII Passed</b>	Nil

#### Course Learning Outcomes

- To develop an understanding of self and others' by using the knowledge gained through the course about the different approaches in understanding behavior
- Demonstrate comprehension of the theoretical concepts of psychology and the related empirical findings in areas such as perception, memory, motivation, emotions, learning, Intelligence, personality, cognition etc.

**Unit 1: Introduction to Psychology:** Nature and Scope, Historical Development (structuralism, functionalism, psychoanalytic, cognitive, behavioural, humanistic- existential, gestalt), Psychology in India (15 Hours)

**Unit 2: Intelligence and Personality:** Nature (Intelligence and Personality) Theories of