

## GENERIC ELECTIVE COURSE GE-16 FOUNDATIONS OF DEVELOPMENTAL PSYCHOLOGY

### CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE GE COURSE

Course Title & Code	Credits	Credit Distribution of the Course			Eligibility Criteria	Pre-requisite of the Course (if any)
		Lecture	Tutorial	Practical/ Practice		
<b>GE – 16 FOUNDATIONS OF DEVELOPMENTAL PSYCHOLOGY</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>1</b>	<b>Class 12<sup>th</sup> Pass</b>	<b>Basic knowledge of Introductory psychology</b>

#### Learning Objectives

- To equip the learner with an understanding of the concepts and issues of human development
- To examine and discuss major theories of development such as those of Piaget, Vygotsky, Kohlberg, Erikson, Freud and Bronfenbrenner.
- To enumerate stages and types of development.

#### Learning Outcomes

After doing this course the student will be able to:

- Develop an understanding of various issues related to human development.
- Understand different domains of development.
- Develop an understanding of human growth from conception to Adulthood.

#### SYLLABUS OF GE-16

##### UNIT - I

(9 hours)

**Introduction:** Nature, issues and theoretical perspectives – Psychoanalytic, Psychosocial and Ecological perspective. Indian model of human development.

##### UNIT – II

(12 hours)

**Domains of Development:** Cognitive development – Piaget and Vygotsky, Moral development – Kohlberg and Emotional development – Attachment and temperament

### **UNIT - III**

**(12 hours)**

**Stages of Development I:** Prenatal development, Birth and Infancy (Physical and Motor Development).

### **UNIT - IV**

**(12 hours)**

**Stages of Development II:** Adolescence – Physical changes, Socioemotional development – Self, Identity, Family, Peers

Adulthood – Physical changes, Socioemotional development – Career issues, Attraction & Love and Family

### **Practical Component**

**(30 hours)**

#### **Suggestive Practicals**

- Conservation tasks – Piaget's theory
- Attachment style assessment
- Observation of a 2/3/4 years old baby for progress in developmental domains
- Assessment of emotional expression or regulation
- Assessment of family environment /Assessment of marital adjustment
- Heinz dilemma – Kohlberg's theory
- Assessment of Identity status – Marcia's theory
- Cross-sectional study for crisis experienced – based on Erickson's theory
- Developmental record and its analysis of a new born upto 6 months

**Tutorial component:** Nil

#### **Essential/Recommended Readings:**

Berk, L. E. (2010). *Child development* (9th ed.). New Delhi: Prentice Hall.

Feldman, R.S. & Babu, N. (2023). *Development across the lifespan*. Pearson.

Rangaswami, K. (1992). Indian model of stages in human development and developmental tasks. *Indian Journal of Psychological Medicine*, 15 (1) pp 77 – 82.

Santrock, J.W. (2012). *Lifespan development* (13 th ed.) New Delhi: McGraw Hill.

### **Suggestive Readings**

Belsky, J. (2022). *Experiencing the lifespan* (6th ed.). New York: Worth Publishers  
Macmillan Learning.

Khalakdina, M. (2008). *Human Development in the Indian context. A socio-cultural focus*  
(Vol 1.) New Delhi: Sage Publications.

Srivastava, A.K. (1997). *Child development: An Indian Perspective*. New Delhi: NCERT.

**Note: Examination scheme and mode shall be as prescribed by the Examination  
Branch, University of Delhi, from time to time.**