

DISCIPLINE SPECIFIC ELECTIVE (DSE-7)

PUNJABI KHED SAHIT

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/Practice		
Punjabi Khed Sahit (DSE-7)	4	3	1	0	Class 12 th pass in any subject	Studied Punjabi up to 8 th Standard or Working knowledge of Punjabi language

Total No. Credits	Distribution of total credits			No. of Hours of Lectures	No. of Hours of Tutorials	No. of Hours of Practicals	Total Hours of Teaching
	Lecture (Credits)	Tutorial (Credits)	Practical (Credits)				
4	3	1	0	45	15	0	60

LEARNING OBJECTIVE:

- To understand the vexed and unique relationship between sports and literature;
- To analyse the various meanings of sports articulated and amplified in literature;
- To appreciate the key theoretical concepts (e.g., spectacle, habitus, nostalgia) which aid in understanding the literature of sport.

LEARNING OUTCOMES:

- The students will identify the varied meanings of sports, which proliferate in the accompanying literatures.
- They will be able to articulate original interpretations of sports literature and culture in a scholarly essay.
- They will develop an interest in sports and physical activities.

Unit-I: ਪੰਜਾਬੀ ਖੇਡ ਸਾਹਿਤ: ਸਿਧਾਂਤਕ ਪਰਿਪੇਖ (Punjabi Khed Sahit: Sidhantak Paripekh) **(12 hours)**

- ਖੇਡ ਸਾਹਿਤ: ਪਰਿਭਾਸ਼ਾ ਅਤੇ ਸਰੂਪ

- Khed Sahit: Paribhasha ate Saroop
- ਖੇਡਾਂ ਅਤੇ ਸਾਹਿਤ: ਅੰਤਰ ਸੰਵਾਦ
- Khedan ate Sahit: Antar Samvad
- ਖੇਡਾਂ ਦੀ ਜੀਵਨ ਵਿਚ ਸਾਰਥਕਤਾ
- Khedan di Jeevan Vich Sarthakta
- ਪੰਜਾਬੀ ਖੇਡ ਸਾਹਿਤ ਦਾ ਇਤਿਹਾਸ
- Punjabi Khed Sahit da Itihas

Unit-II: ਪੰਜਾਬੀ ਖੇਡ ਸਾਹਿਤ ਨਾਲ ਸੰਬੰਧਤ ਰੇਖਾ ਚਿੱਤਰ (Punjabi Khed Sahit Naal Sambandhat Rekha Chittar) (11 hours)

- ਪੰਜਾਬ ਦਾ ਪੇਲੇ ਜਰਨੈਲ ਸਿੰਘ ਪਨਾਮ
- Punjab da Pele Jarnail Singh Panaam
- ਫਲਾਇੰਗ ਸਿੱਖ ਮਿਲਖਾ ਸਿੰਘ
- Flying Sikh Milkha Singh
- ਹਾਕੀ ਦਾ ਗੋਲ ਕਿੰਗ ਬਲਬੀਰ ਸਿੰਘ
- Hockey da Goal King Balbir Singh
- ਕਿਆਂ ਬਾਤਾਂ ਬਾਬਾ ਫੇਜਾ ਸਿੰਘ ਦੀਆਂ
- Kiya Bataan Baba Fauja Singh Dian

Unit-III: ਪੰਜਾਬੀ ਖੇਡ ਸਾਹਿਤ ਨਾਲ ਸੰਬੰਧਤ ਕਹਾਣੀਆਂ (Punjabi Khed Sahit Naal Sambandhat Kahaniyan) (11 hours)

- ਕਰਤਾਰ ਸਿੰਘ ਦੁੱਗਲ: ਜਦੋਂ ਢੋਲ ਵੱਜਦਾ ਹੈ
- Kartar Singh Duggal: Jadon Dhol Vajda Hai
- ਬਲਵੰਤ ਗਾਰਗੀ: ਸੌ ਮੀਲ ਦੀ ਦੌੜ
- Balwant Gargi: Sau Meel di Daur
- ਭਗਵੰਤ ਰਸੂਲਪੁਰੀ: ਰਵੀ ਡਿਫੈਂਡਰ
- Bhagwant Rasulpuri: Ravi Defender
- ਪ੍ਰਿੰਸ਼. ਸਰਵਨ ਸਿੰਘ: ਆਖਰੀ ਕਬੱਡੀ
- Principal Sarwan Singh: Aakhri Kabaddi

Unit-IV: ਪੰਜਾਬੀ ਖੇਡ ਸਾਹਿਤ ਨਾਲ ਸੰਬੰਧਤ ਨਾਵਲ: ਗੋਲਡਨ ਪੰਚ (Punjabi Khed Sahit Naal Sambandhat Novel: Golden Punch) (11 hours)

- ਗੋਲਡਨ ਪੰਚ ਦਾ ਵਿਸ਼ਾ ਪੱਖ
- Golden Punch da Visha Pakkh
- ਗੋਲਡਨ ਪੰਚ ਦਾ ਕਲਾ ਪੱਖ
- Golden Punch da Kala Pakkh
- ਗੋਲਡਨ ਪੰਚ ਦੀ ਪਾਤਰ ਉਸਾਰੀ

- Golden Punch di Patar Usari
• ਗੋਲਡਨ ਪੰਚ ਦਾ ਆਲੋਚਨਾਤਮਕ ਅਧਿਐਨ
Golden Punch da Alochnatmak Adhyayan

ESSENTIAL READING:

- Sarwan Singh (Prin.) (2020) **Khed Khidari**, Sangam Publication, Samana.
- Sandhu, Balwant Singh (ed.) (2023) **Chonavian Khed Kahanian**, Manpreet Prakashan, Delhi.
- Sandhu, Balwant Singh (ed.) (2022) **Golden Punch**, Chetna Prakashan, Ludhiana.

SUGGESTED READING:

- Sarwan Singh (1982) **Khed Khidari**, Publication Bureau, Punjabi University, Patiala
- Sarwan Singh (Prin.) (2020) **Khed Sahit de Moti**, Sangam Publication, Samana
- Gill, Navdeep Singh (2021) **Udana Baaz Olympian**, Gurbachan Singh Randhawa, Unistar Books Private Limited, Chandigarh
- Karam Singh (Prof.) (2007) **Mallan Dian Gallan**, Acursia Printographia, Patiala.

INTERNET RESOURCES:

<https://punjabtimesusa.com/news/?cat=20>,
https://youtu.be/gEKSt_TNGnk
<https://bigbaat.com/%E0%A8%B2%E0%A9%87%E0%A8%96-%E0%A8%AA%E0%A9%B0%E0%A8%9C%E0%A8%BE%E0%A8%AC-%E0%A8%A6%E0%A9%80%E0%A8%86%E0%A8%82-%E0%A8%B2%E0%A9%8B%E0%A8%95-%E0%A8%96%E0%A9%87%E0%A8%A1%E0%A8%BE%E0%A8%82/>,
https://pa.wikipedia.org/wiki/%E0%A8%AA%E0%A9%B0%E0%A8%9C%E0%A8%BE%E0%A8%AC_%E0%A8%A6%E0%A9%80%E0%A8%86%E0%A8%82_%E0%A8%B5%E0%A8%BF%E0%A8%B0%E0%A8%BE%E0%A8%B8%E0%A8%A4%E0%A9%80_%E0%A8%96%E0%A9%87%E0%A8%A1%E0%A8%BE%E0%A8%82

***(Note: Teachers are free to recommend additional related standard resource books, if required so.)**

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.