

**GENERIC ELECTIVES (GE-4)**  
**PUNJABI LOK SAHIT**

**CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE**

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/Practice		
Punjabi Lok Sahit (GE-4)	4	3	1	0	Class 12 <sup>th</sup> pass in any subject	<b>Studied Punjabi up to 8<sup>th</sup> Standard or Working knowledge of Punjabi language</b>

**Credits: 4**

**L/T/P=3/1/0**

**LEARNING OBJECTIVES:**

- To promote rich Punjabi culture, folklore, language and literature to inculcate high social values.
- To discuss the beginning and growth of folklore explaining the diversity of perceptions about folklore at different times and in different situations.
- To develop keen interest in folk literature that forms a vast corpus of legends, stories, fables, fairy-tales, religious tales and mythological tales present in oral as well as written practice of a culture, language and people.
- To discuss the limitless literary pursuits that keep evolving, progressing, adapting and reorienting along with the dynamism of time and need of the people who create and possess folkloric tradition after generation.
- To develop an analytical sense about Punjabi folk literature that it has been progressive, revolutionary and rich in terms of themes, narratives and issues.

**LEARNING OUTCOMES:**

- Students will get an idea of Punjabi folk literature through various folkloric texts and of significant texts.
- Students will be able to identify different types of folk genres and their importance in Punjabi culture.
- Students can easily identify the common motifs and morals for life in all types of folk literature.

- Students will also be trained in the collection of folklore material in the field using the latest audio visual gadgets.
- Students will be able to appreciate the thematic and narrative concerns in Punjabi folk literature.

### **Unit-I: ਲੋਕ ਸਾਹਿਤ: ਸਿਧਾਂਤਕ ਪੱਖ**

**(Lok Sahit: Sidhantak Pakh) (16 Hours)**

- ਲੋਕ ਸਾਹਿਤ: ਪਰਿਭਾਸ਼ਾ ਅਤੇ ਪ੍ਰਕਿਰਤੀ  
Lok Sahit: Paribhasha ate Parkirti
- ਲੋਕ ਸਾਹਿਤ ਅਤੇ ਵਿਸ਼ਿਸ਼ਟ ਸਾਹਿਤ: ਨਿਖੇੜਾ ਅਤੇ ਅੰਤਰ-ਸੰਬੰਧ  
Lok Sahit ate Vishishat Sahit: Nikherha ate Antar-Sambandh
- ਲੋਕ ਸਾਹਿਤ ਦੀਆਂ ਵੰਨਰੀਆਂ  
Lok Sahit diyan Vangiyaan
- ਲੋਕ ਸਾਹਿਤ ਦਾ ਸਮਾਜਕ ਮਹੱਤਵ  
Lok Sahit da Samajak Mahatav

### **Unit-II: ਪੰਜਾਬੀ ਲੋਕ ਕਾਵਿ**

**(Punjabi Lok Kaav) (16 Hours)**

- ਲੋਰੀਆਂ ਅਤੇ ਖੇਡ-ਗੀਤ  
Lorian ate Khed-Geet
- ਸੁਹਾਗ ਅਤੇ ਘੋੜੀਆਂ  
Suhag ate Ghorhian
- ਸਿੱਠਣੀਆਂ ਅਤੇ ਹੋਅਰੇ  
Sithniya ate Heyre
- ਕੀਰਨੇ ਅਤੇ ਅਲਾਹੁਣੀਆਂ  
Keerne ate Alahunian

### **Unit-III: ਪੰਜਾਬੀ ਲੋਕ ਕਥਾਵਾਂ**

**(Punjabi Lok Kathavan) (16 Hours)**

- ਦੰਤ ਕਥਾ: ਪੂਰਨ ਭਗਤ, ਰਾਜਾ ਰਸਾਲੂ, ਦੁੱਲਾ ਭੱਟੀ  
Dant Katha: Puran Bhagat, Raja Rasalu, Dulla Bhatti
- ਪਰੀ ਕਥਾ: ਸੰਦਲਾਂ, ਸਬਜ਼ਪਰੀ, ਇਕ ਖਾਵਾਂ ਕਿ ਦੇ ਖਾਵਾਂ  
Pari Katha: Sandlan, Sabazpari, Ik Khavan Ke Do khavan
- ਨੀਤੀ ਕਥਾ: ਮੁੱਲਾ ਦੇ ਸ਼ਿਕਾਰੀ, ਚੰਦਰੀ ਸੰਗਤ, ਸੇਰ ਅਤੇ ਬਾਂਦਰ  
Neeti Katha: Mulla de Shikari, Chandri Sangat, Sher ate Bandar
- ਜਨੌਰ ਕਥਾ: ਲੂਣ ਦਾ ਘਰ, ਟਾਹਲੀ ਮੇਰੇ ਬੱਚੇ, ਸੇਰ ਅਤੇ ਬ੍ਰਾਹਮਣ  
Janur Katha: Loon Da Ghar, Tahli Mere Bache, Sher ate Brahman

## Unit-IV: ਪੰਜਾਬੀ ਲੋਕ ਸਿਆਣਪਾਂ

### (Punjabi Lok Siyanpaan) (12 Hours)

● ਮੁਹਾਵਰੇ

Muhavre

● ਅਖਾਣ

Akhan

● ਬੁਝਾਰਤਾਂ

Bujhaartan

● ਕਥਨ

Kathan

### ESSENTIAL/RECOMMENDED READINGS:

- Bedi, S.S. Wanjara (Dr.) (2007), **Bataan Mudhh Kadeem Dian**, National Book Shop, Delhi.
- Ghuman, Bikram Singh (2012), **Punjabi Lok Geet**, Waris Shah Foundation, Amritsar.
- Kranti, Parminder Kaur, Acchru Singh (Eds.) (1997), **Kathan Kosh**, Lokgeet Prakashan, Chandigarh.

### SUGGESTED READINGS:

- Bedi, S.S. Wanjara (2006), **Lok Aakhade Han**, Aarsi Publication, Delhi.
- Bedi, S.S. Wanjara (2002), **Punjabi Lokdhara Vishavkosh**. National Book Shop, Delhi.
- Ghuman, Amarjit Kaur (1995), **Saade Lok Geet (Punjab de Lok Geet)**, Roohi Prakashan, Amritsar.
- Jaswinder Singh (Dr.) (2012), **Punjabi Sabhiyachar: Pachhaan Chinh**, Gracious Books, Patiala.
- Jaswinder Singh (Dr.) (1985), **Sabhiyachar ate Qissa Kaav**, Sedh Prakashan, Patiala.
- Madpuri Sukhdev (2007), **Lok Siyanpaan: Akhan te Muhavre**, Lahore Book shop, Ludhiana.
- Pooni, Balbeer Singh (2003), **Punjabi Lokdhara ate Sabhiyachar**, Waris Shah Foundation, Amritsar.
- Randhawa, Mahinder Singh, Satyarthi, Devinder (1960), **Punjabi Lok Geet**, Sahit Academy, New Delhi.
- Thind, Karnail Singh (Dr.) (1973), **Lokyan ate Madhkali Punjabi Sahit**, Guru Nanak Dev University, Amritsar.

**\*(Note: Teachers are free to recommend additional related standard source books, if required so.)**

**Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.**