

GENERIC ELECTIVES (GE-9)
BHARTI GYAN PRABANDH: PRAMUKH CHINTAK

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
BHARTI GYAN PRABANDH: PRAMUKH CHINTAK	4	3	1	0	Class 12 th pass in any subject	Studied Punjabi up to 8th Standard or Working knowledge of Punjabi language

Credits: 4

L/T/P= 3/1/0

LEARNING OBJECTIVES:

- To learn about Indian Knowledge System as a beginner.
- To learn basic theories and its various aspects originated in Indian sub-continent.
- To comprehend the meaning of words and to know about the importance of the grammar.
- To learn about the Indian poetics through its basic philosophy.
- To collect information about philosophy of human mind, soul and the world.
- To motivate the students towards good health of their body and mind through Indian yoga and natural medicine tradition from old ages.

COURSE OUTCOMES:

- Students will learn about rich heritage of classical Indian knowledge system.
- They will learn about basic Indian thinkers and use of their theories.
- They will be able to acquire knowledge about the development of different philosophies and their basic assumptions.
- They will also learn the Indian philosophy about the harmony of body, mind and soul for the purpose of peace of mind and the world.
- Students will be able to understand the value of yoga for a healthy body.
- They will come to know about the rich heritage of research in the field of medicines for betterment of the mankind.

Unit I: ਭਾਰਤੀ ਭਾਸ਼ਾ ਗਿਆਨ ਪ੍ਰਬੰਧ: ਪ੍ਰਮੁੱਖ ਚਿੰਤਕ

(Bharti Bhasha Gyan Prabandh: Pramukh Chintak)

(12 hours)

- ਯਾਸਕ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Yaska: Mudhali Jan-Pachhan
- ਪਾਣਿਨੀ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Panini: Mudhali Jan-Pachhan
- ਪਾਤੰਜਲੀ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Patanjali: Mudhali Jan-Pachhan
- ਭਰਥਰੀ ਹਰੀ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Bhartrihari: Mudhali Jan-Pachhan

Unit II: ਭਾਰਤੀ ਕਾਵਿ ਸ਼ਾਸਤਰੀ ਗਿਆਨ ਪ੍ਰਬੰਧ: ਪ੍ਰਮੁੱਖ ਚਿੰਤਕ

(Bharti Kaav Shasteri Gyan Prabandh: Pramukh Chintak)

(12 hours)

- ਭਰਤਮੁਨੀ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Bharatmuni : Mudhali Jan-Pachhan
- ਭਾਮਹ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Bhamaha: Mudhali Jan-Pachhan
- ਵਾਮਨ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Vaaman : Mudhali Jan-Pachhan
- ਆਨੰਦਵਰਧਨ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Aanandvardhan : Mudhali Jan-Pachhan

Unit III: ਭਾਰਤੀ ਦਰਸ਼ਨ ਪ੍ਰਬੰਧ: ਪ੍ਰਮੁੱਖ ਚਿੰਤਕ

(Bharti Darshan Prabandh: Pramukh Chintak)

(12 hours)

- ਬੁੱਧ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Budh: Mudhali Jan-Pachhan
- ਮਹਾਵੀਰ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Mahaveer: Mudhali Jan-Pachhan
- ਆਦਿ ਸੰਕਰਾਚਾਰੀਆ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Adi Sankarachariya: Mudhali Jan-Pachhan
- ਗੁਰੂ ਨਾਨਕ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Guru Nanak: Mudhali Jan-Pachhan

Unit IV: ਭਾਰਤੀ ਸਿਹਤ ਅਤੇ ਯੋਗ ਚਿਕਿਤਸਾ ਗਿਆਨ ਪ੍ਰਬੰਧ: ਪ੍ਰਮੁੱਖ ਚਿੰਤਕ

(Bharti Sehat Ate Yog Chikitsa Gyan Prabandh: Pramukh Chintak) (9 hours)

- ਸੁਸ਼ਰੁਤ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Sushruta: Mudhali Jan-Pachhan
- ਚਰਕ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Charak: Mudhali Jan-Pachhan
- ਪਾਤੰਜਲੀ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ
Patanjali: Mudhali Jan-Pachhan
- ਵਾਗਭਟ: ਮੁੱਢਲੀ ਜਾਣ-ਪਛਾਣ

ESSENTIAL READINGS

- Boota Singh Brar (Dr.) (2014), **Bhasha Vigyan: Sidhant te Vihar**, Lahore Books, Ludhiana.
- Harbans Singh (Prof.), Joshi, L.M., (2016), **Sansar De Dharam**, Publication Bureau, Punjabi University, Patiala.
- Prem Prakash Singh (Prof.) (1988), **Bharti Kaav Shaster**, Punjabi Sahit Academy, Ludhiana.
- <https://www.shivajicollege.ac.in/sPanel/uploads/econtent/5119d543d5d6ee290be56249598d0782.pdf>

SUGGESTED READINGS:

- Chaudhary, Satyadev (Dr.) (1973), **Kavya Shaster ke Paridrishya**, Parimal Publications, Delhi.
- Chopra, Iqbal Narain (Dr.) (1989), **Bharti Darshan**, Publication Bureau, Punjabi University, Patiala.
- Jaggi, Gursharan Kaur (Dr.) (2014) **Bharti Kaav Shaster: Sarup Ate Sidhant**, Arsee Publishers, New Delhi.
- Khoj Patrika **Punjabi Viakaran Vishesh Ank**, Publication Bureau, Punjabi University, Patiala.
- Nirakari, R.D, (Dr.) (1994), **Bharti Darshan**, Publication Bureau, Punjabi University, Patiala.
- Sidhu, Paramjit Singh (2012), **Shabad: Sankalap Ate Saroop (Punjabi Viakaran De Paripekha Vich)**, Ravi Sahit Parkashan, Amritsar.
- Yogender Pratap Singh (Dr.) (1985), **Bharti Kavya Shaster**, Lokbharti Prakashan, Ilahabad.

INTERNET RESOURCES:

- <https://archive.org/details/in.ernet.dli.2015.401868/mode/2up>
- <http://www.panjabdigilib.org/webuser/searches/displayPage.jsp?ID=8949&page=1&CategoryID=1&Searched=>
- https://en.wikipedia.org/wiki/Category:Ancient_Sanskrit_grammarians

*(Note: Teachers are free to recommend additional related standard source books, if required so.)

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.