



Department of Sanskrit
University of Delhi
Under Graduate Course for Sanskrit
B.A. Honours & Programme Under UGCF-22

GE 22: Management in Sanskrit

Credit distribution, Eligibility and Pre-requisites of the Course

| Course title & Code | Credits | Credit distribution of the Course | | | Department offering the course |
|------------------------|---------|-----------------------------------|----------|---------------------|--------------------------------|
| | | Lecture | Tutorial | Practical/ Practice | |
| Management in Sanskrit | 04 | 3 | 1 | 0 | Sanskrit |

Learning Objectives

This course aims at exploring and expounding the foundations of management in the traditional Indian context and to highlight the basics of contemporary management thoughts. This can serve as a bridge course for the Management course students.

Learning Outcomes

After the completion of the course, the students will

- get to know the various levels of managing self and society, will gain in-depth knowledge about the ideals and methods of management,
- understand the concept, levels and ways of managing people and resources
- be inspired to further delve into Indian theories of management and develop necessary theories and practices to suggest ways for smooth management of society and life

Detailed Syllabus

Unit I: Self-Management

1 Credit

Ātma-Prabandhana, Triguṇa, Aṣṭāṅga Mārga, health and hygiene for well-being - Dinacaryā, R̥tucaryā, Pathya-apathya vicāra, Āhara-Vihāra (Āyurveda), etc. (Śāṇḍilyopaniṣad)

Unit II: Team Leadership Skills - Family and Society

1 Credit

- Kula (Family): Sauhārda (Amity) and Sāmmanasya (Concord), Gurukula - Sahabhāva and Environmental awareness
- Samāja (Society): Vyāṣṭi (Individual) and Samaṣṭi (Group)

Unit III: Resources Management

1 Credit

Capital Management (Arthaprabandhana), HR (Janaprabandhana) – Sangat̥hana Sūkta (R̥gveda) & Samjñāna (Atharvaveda) Sūkta, Tattirīyopaniṣad Śikṣāvallī

Unit IV: Ideals of Management

1 Credit

Puruṣārtha Catuṣṭaya, Social responsibility – R̥natraya – Devar̥ṇa, ṛṣir̥ṇa, pit̥r̥ṇa, Pañcamahāyajña – Brahmajayña, Devayajña, Pit̥ryajña, Bhūtayajña, Nryajña,

Essential Readings



Department of Sanskrit
University of Delhi
Under Graduate Course for Sanskrit
B.A. Honours & Programme Under UGCF-22

Panchmukhi, V.R. Managing One Self: Śri Bhagavadgīta Theory and Practice, 2001
Panchmukhi, V.R. Human Well-Being: Concept, Theory and Measurement, Index International; First Edition (1 January 2018)

Recommended Readings:

Kumar, Shashiprabha, Self, Society and Values: Reflections on Indian Philosophical Thought, Vidyanidhi Prakashan, 2009

VIF Workshop: Indian Ethos of Management (Online) <https://www.vifindia.org/speeches-video/2019/09/18/workshop-on-indian-ethos-in-management>