

**DISCIPLINE SPECIFIC ELECTIVE COURSE – 5 (DSE-5): SOCIAL WORK WITH FAMILIES AND CHILDREN**

**Credit distribution, Eligibility and Prerequisites of the Course**

<b>Course title &amp; Code</b>	<b>Credits</b>	<b>Credit distribution of the course</b>			<b>Eligibility criteria</b>	<b>Pre-requisite of the course (if any)</b>
		<b>Lecture</b>	<b>Tutorial</b>	<b>Practical/Practice</b>		
<b>SOCIAL WORK WITH FAMILIES AND CHILDREN</b> <b>DSE 5</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>1</b>	<b>12<sup>th</sup> Pass</b>	<b>NIL</b>

**Learning Objectives**

The learning objectives of this course are as follows:

- To understand families as social systems and comprehend the factors affecting family functioning
- To develop the skills, techniques and practices of therapies required for working with the families and children
- To understand the government and non-government efforts for the welfare of the family and children

**Learning outcomes**

At the end of the semester the students will be able to

- Describe the changing nature of family system and its significance in child development
- Critically evaluate the policies, programmes and services related to family and children
- Apply the skills, techniques and therapies of social work profession in working with family and children

**SYLLABUS OF DSE- 5**

**Unit I: Understanding dynamics of family system** **15 Hours**

**Unit Description:** This unit will provide a conceptual understanding of family as an institution and its importance. This will also focus on problems of families.

***Subtopics:***

- Family as an Institution – importance, functions, developmental stages, family patterns and changing trends
- Marriage: concept, relevance, structures and functions
- Family Disorganization and Family Problems

**Unit II: Social Work with families** **15 Hours**

**Unit Description:** This unit will introduce the social work intervention in family issues and concerns. This will enhance the skills of the students to learn about family counselling skills, family therapies with understanding of government and non-government initiatives for family welfare.

***Subtopics:***

- Family counselling and family therapy
- Skills and techniques of working with families
- Voluntary and Government agencies for Family Welfare

**Unit III: Child Development: Issues and Concerns****15 Hours**

**Unit Description:** This unit will help to know about the concept of child development, needs and problems of children. This will also give an understanding of the evolution of welfare services at national and international level.

***Subtopics:***

- Nature and extent of Child development – demographic profile, needs and problems of children
- Early childhood care and development, Child rearing practices and implications
- Evolution of child welfare services in India and abroad, types of Child Welfare Services and the changing trends in child welfare services.

**Practical component****30 Hours****Unit IV: Social Work with Children in difficult circumstances**

**Unit Description:** This unit will focus on the application and practice-based approach where students will learn to integrate theory and practice.

***Subtopics:***

- Case Studies (1-2): Children in difficult circumstances: disability, poverty, migration, orphaned, child trafficking, child abuse
- Project report (1-2): Child Development programme, policies, constitutional provisions,

- Observational Report (1-2): Child related Institutional and non-institutional services

### **Essential readings**

- Adams, Robert et al. (2002): Social Work: Themes, Issues and Critical Debates. Second Ed. Sage London.
- Bajpai, A. (2003). Child Rights in India – Law, Policy and Practice. Delhi: Oxford University press.
- Davies, M. (2012). Social work with children and families, UK: Palgrave Macmillan
- Enakshi, G.T. (ed) .(2002). Children in Globalising India – Challenging Our Conscience. New Delhi: HAQ Centre for child Rights.
- Maluccio, A.N., Pine, B.A. & Tracy, E.M. (2002). Social Work Practice with Families and Children, New York: Columbia University Press.
- McClenen, J.C. (2010) Social work & family violence: theories, assessment and intervention. New York: Springer Publishing Company
- Patricia, M. & Hook, V. (2016). Social Work Practice with Families: A Resiliency based Approach. UK: Oxford University Press
- Tata Institute of Social Sciences. (1994). Enhancing the Role of Family as an Agency for Social and Economic Development. Mumbai: Unit for Family Studies, TISS.
- Unwin, P. & Hogg, R. (2012). Effective Social Work with Children and Families: A Skills Handbook. London: Sage Publication.
- Williams, L. Edward, T.M., Patterson, J. & Chamow, L. (2014). Essential assessment skills for couple & family therapists. New York: Guilford Press.

### **Suggested Readings**

- Boss, P.G., Doherty, W.J., LaRossa, R., Schumm, W.R., & Steinmetz, S.K.(2009). Source Book of Family Theories and Methods: A Contextual Approach. New York: Springer.
- Kumari, V. & Brooks, S.L. (2004).Creative Child Advocacy – Global Perspectives, New Delhi: Sage Publications
- Patrick, C.M. (2005) Families and Change (3rd Edition) Coping with Stressful Events and Transitions. London: Sage Publications.
- Petr, C.G. (2004). Social Work with Children and Their Families: Pragmatic Foundations (2nd ed.), New York: Oxford University Press.

**Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.**