

## COMMON POOL OF GENERIC ELECTIVES (GE) COURSES

### GENERIC ELECTIVES (GE-11):SOCIAL WORK WITH FAMILIES

Credit distribution, Eligibility and Pre-requisites of the Course

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course	Department offering the course
		Lecture	Tutorial	Practical/Practice			
SOCIAL WORK WITH FAMILIES GE 11	4	3	1	0	12 <sup>th</sup> Pass	NIL	Social Work

#### Learning Objectives

The Learning Objectives of this course are as follows:

- To understand families as social systems and factors affecting family functioning
- To understand the government and non-government efforts for the welfare of the families
- To sharpen the skills, techniques, knowledge and therapies required for working with the families

#### Learning outcomes

At the end of the semester, the student will be able to:

- Describe concepts of family structure, issues and challenges in contemporary context
- Critically appraise the policies, programmes and services related to family
- Apply the skills, techniques and therapies of social work profession while working with families

#### SYLLABUS OF GE-11

##### **Unit I: Understanding Family** **15 Hours**

**Unit Description:** This unit will provide a conceptual understanding of family as an institution and its importance in society.

**Subtopics:**

- Family— Concept, Definition, types of families, Social functions of families
- Changing structure and functioning of family system
- Impact of urbanization on Family

**Unit II: Understanding Family Issues and Concerns**

**10 Hours**

**Unit Description:** This unit will focus on the concept of marriage, relationships and issues faced by families in contemporary context.

**Subtopics:**

- Stress and change over the family life cycle: Marital problems, Work and family stresses
- Divorce, Remarriage and live-in-relationships, Family violence, Abuse and neglect
- Dealing with children, adolescents, coping with ageing, Drug and Alcohol abuse,

**Unit III: Family Welfare and Services**

**10 Hours**

**Unit Description:** This unit will provide an understanding of strengthening family system through various government and non-government initiatives.

**Subtopics:**

- Family Management- nature, principles and family budgeting
- Family Welfare Policy and Programmes
- Family Life Education – objectives, process, method, pre-marital counselling

**Unit IV: Social Work intervention with families**

**10 Hours**

**Unit Description:** This unit will introduce the social work intervention to handle family issues and concerns. This will enhance the competency of the students to learn about family counselling skills and family therapies.

**Subtopics:**

- Skills and techniques of working with families
- Ecological approach, system approach to family needs assessment and interventions
- Family counselling and family therapy

**Practical component (if any) - NIL**

**Essential readings**

- Charles H. Zastrow. (2009) Social Work with Groups, New Delhi: Cengage Learning India Pvt.Ltd
- Davies, M. (2012). Social work with children and families, UK: Palgrave Macmillan

- Maluccio, A.N., Pine, B.A. & Tracy, E.M. (2002). Social Work Practice with Families and Children, New York: Columbia University Press.
- McClenen, J.C. (2010) Social work & family violence: theories, assessment and intervention. New York: Springer Publishing Company
- M. Haralambus & R.M. Heald, (2009) Sociology Themes and Perspectives. Oxford University Press
- Patricia, M. & Hook, V. (2016). Social Work Practice with Families: A Resiliency based Approach. UK: Oxford University Press
- Tata Institute of Social Sciences. (1994). Enhancing the Role of Family as an Agency for Social and Economic Development. Mumbai: Unit for Family Studies, TISS.
- Unwin, P. & Hogg, R. (2012). Effective Social Work with Children and Families: A Skills Handbook. London: Sage Publication.
- Williams, L. Edward, T.M., Patterson, J. & Chamow, L. (2014). Essential assessment skills for couple & family therapists. New York: Guilford Press.

### **Suggested readings**

- Boss, P.G., Doherty, W.J., LaRossa, R., Schumm, W.R., & Steinmetz, S.K. (2009). Source Book of Family Theories and Methods: A Contextual Approach. New York: Springer.
- Kumari, V. & Brooks, S.L. (2004). Creative Child Advocacy – Global Perspectives, New Delhi: Sage Publications
- Patrick, C.M. (2005) Families and Change (3rd Edition) Coping with Stressful Events and Transitions. London: Sage Publications.
- Petr, C.G. (2004). Social Work with Children and Their Families: Pragmatic Foundations (2nd ed.), New York: Oxford University Press.

**Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.**