

GENERIC ELECTIVES (GE-14) : PALLIATIVE CARE AND SOCIAL WORK

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

| Course title & Code | Credits | Credit distribution of the course | | | Eligibility criteria | Pre-requisite of the course | Department offering the course |
|--|---------|-----------------------------------|----------|---------------------|-----------------------|-----------------------------|--------------------------------|
| | | Lecture | Tutorial | Practical/ Practice | | | |
| PALLIATIVE CARE AND SOCIAL WORK GE 14 | 4 | 3 | 1 | 0 | 12 th Pass | NIL | Social Work |

Learning Objectives

The learning objectives of this course are as follows:

- To understand the concept, nature and scope of palliative care in India and abroad.
- To critically analyse various psycho-social, cultural, spiritual and ethical issues in palliative care.
- To learn the role of multidisciplinary teams and social work interventions in care and management.

Learning outcomes

At the end of the semester the students will be able to

- Understand the basic concept, issues and meaning of palliative care
- Develop the skills to effectively work with patients, carers and the community in palliative care service
- Assess and plan palliative care services suitable to the local needs

SYLLABUS OF GE-14

Unit- : Introducing Palliative Care

15 hours

Unit Description: This unit will provide a conceptual understanding and history of palliative care. It will also focus on various palliative care models.

Subtopics:

- Concept, meaning, nature and scope of palliative care, end of life care.
- Origin of palliative care – historical development, international and national instruments ensuring palliative care provisions
- Models of palliative care- Western model, Indian model (special

reference to Kerala model, home based palliative care model)

Unit II: Need Assessment and Palliative Care Programme Development

10 hours

Unit Description: This unit will focus on the application and practice-based approach in palliative care where students will learn to integrate theory and practice

Subtopics:

- Understanding needs- Maslow, Bradshaw's taxonomy, economist perspective, Approaches to needs assessment- epidemiological approach, corporate approach, comparative approach
- Evaluation of quality of care services and models
- Components of programme development and evaluation

Unit III: Issues and concerns in Palliative Care

10 hours

Unit Description: This will introduce various concerns of patient and families. The students will learn through onbservation and practical session about ethical and legal issues in palliative care.

- Understanding patient and families -distress, coping, adaptation, truth telling, psycho-social care, culture sensitive needs and care, spiritual care
- Ethical and legal issues in palliative care- euthanasia, withdrawal of assistive treatment and devices, preferences for death and dying
- Case study: Understanding families- caregiving burden, grief, bereavement, supportive interventions for caregivers

Unit IV: Symptoms Management and Social work Interventions

10 hours

Unit Description: This unit will help learn about the management of symptoms and sufferings at the end of life. This will also help the students to assess and evaluate palliative care programme.

Subtopics:

- Symptoms and sufferings at the end of life and Intimations of dying for chronic and terminal illness
- Social work interventions, role of multidisciplinary team, community palliative care
- Palliative care outcome evaluation tools- assessment and implementation

Practical component (if any) – NIL

Essential Reading

- Addington Hall, H & Higginson I.J. (ed.): Palliative care in non-malignant disease. Oxford University Press, Oxford, 2001.
- Charlton R. (2002). Primary Palliative Care: Dying, Death and Bereavement in the Community. CRC Press LLC
- Cherny, N., Fallon, M., Kaasa, S., Portenoy, R., & Currow, D.(Eds.), Oxford Textbook of Palliative Medicine. Oxford, UK: Oxford University Press, 2015.
- Cobb, M. & Robshaw, V. Spiritual challenge of health care. Churchill- Livingston, 1998.
- Doka, K. : Disenfranchised grief. Lexington books, New York, 1989.
- Fallon, M., & Hanks, G. (Eds.). (2006). ABC of palliative care. Blackwell, Oxford
- Greenstreet W. (ed.) Integrating spirituality in health and spirituality care. Radcliffe, Oxford, 2006.
- Hudson, P. Payne (ed): Family carers in palliative care. Oxford University Press, Oxford, 2009.
- Oliviere, D. Hargreaves, R., Monreo B,: Good Practice in Palliative care: Psycho-social perspective. Aldershot, Ashgate, 1998.
- Oliviere, D. Monreo B, Payne S. (ed.): Death, Dying and social differences, 2nd edition, Oxford Univesity Press, Oxford, 2011.
- Parkes C.M.: Traditional model and theories of grief. Bereavement Care, 1998, 17(2), 21-23
- Saunders, C. (1990). Hospice and palliative care: an interdisciplinary approach. London: Edward Arnold
- Sykes, S. et al.(ed.): Management of advanced disease. Arnold, London, 2004
- Twycross, R., & Wilcock, A., Toller C. Stark (2021, May 19). Introducing Palliative Care (6th ed.). Pharmaceutical Press.
- Williams M. (ed.): Psychosocial issues in palliative care. Oxford University Press, oxford, 2003.

Suggested readings

- Kissane W, Bloch, S. : Family focused grief therapy. Open University press, Buckingham, 2002
- Klass D., Sliverman, P. F., Nickman, S. L. : Continuing bonds :new understanding of grief. Taylor and Francis, Washington, 1996
- Monreo, B., & Kraus F.: Brief interventions with bereaved children 2nd ed. Oxford university press, oxford, 2010

- Papadatou, D: In the face of death- professionals who care for the dying and bereaved. Springer, New York, 2009.

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.

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(Department of Social Work)

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