

## GENERIC ELECTIVES (GE-6): SOCIAL WORK WITH ELDERLY

### Credit distribution, Eligibility and Pre-requisites of the Course

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course
		Lecture	Tutorial	Practical/ Practice		
<b>SOCIAL WORK WITH ELDERLY GE 6 SW 312</b>	<b>4</b>	<b>3</b>	<b>1</b>	<b>0</b>	<b>12<sup>th</sup> Pass</b>	<b>NIL</b>

### Learning Objectives

The Learning Objectives of this course are as follows:

- To understand the basic needs and issues of elderly persons in contemporary society.
- Develop a critical understanding of the policies and programmes for the elderly at the national and international levels.
- Understand the implementations of social work interventions for the elderly in contemporary social situations.

### Learning outcomes

At the end of the semester the students will be able to

- Learn the basic needs, and concerns of elderly persons in contemporary society.
- Understand and critically appraise the various Policies, Programmes and Initiatives for elder persons
- Demonstrate social work interventions to enhance the well-being and welfare of older persons

## SYLLABUS OF GE-6

<p><b>Unit- 1:Understanding Old Age</b></p> <p><b>Unit Description:</b> This unit will provide a conceptual understanding of ageing, demography of ageing and theories of ageing</p>	<p><b>15 Hours</b></p>
<p><b>Subtopics:</b></p> <ul style="list-style-type: none"> <li>• Introduction to basic concepts: Elderly, ageing, greying population, Senior Citizen</li> <li>• Demography of the Ageing: National and international level Implications</li> <li>• Theories of ageing- biological/developmental, psychological, sociological</li> </ul>	
<p><b>Unit II: Issues, Policy, Programmes and Initiatives</b></p> <p><b>Unit Description:</b> This unit will introduce the students to the basic needs and problems of elderly. This will also explain various social security and welfare measures for elderly in India.</p>	<p><b>15 Hours</b></p>
<p><b>Subtopics:</b></p> <ul style="list-style-type: none"> <li>• Needs and problems of elderly: physical, psychological, financial, social and environmental, Changing family norms, intergenerational gaps, Family relationships and caregiving issues</li> <li>• Social security measures, Welfare programmes/schemes for the elderly, The Maintenance and Welfare of Parents and Senior Citizens Act, 2007</li> <li>• National Policy for older persons, International resolutions</li> </ul>	
<p><b>Unit III: Strategies for Active and Healthy Ageing</b></p> <p><b>Unit Description:</b> This unit will discuss the intervention strategies to ensure healthy and active ageing. This will also discuss government, non-governmental and community-level interventions for the welfare of elder persons.</p>	<p><b>15 Hours</b></p>
<p><b>Subtopics:</b></p> <ul style="list-style-type: none"> <li>• Rights of older persons against neglect, abuse, violence and abandonment.</li> <li>• Managing chronic diseases and promoting well-being in old age, Programmes for Active ageing: day care centre, recreational centre, self-help/ support groups</li> <li>• Involvement of the elderly in community resource building; Finance management and wealth creation, planning for</li> </ul>	

retirement life, Role of NGOs, police system, community groups, safe and group housing	
<b>Unit IV: Social Work Interventions</b>  <b>Unit Description:</b> This unit will focus on the application and practice-based approach where students will learn various levels of intervention to enhance well-being and welfare of older persons.	<b>15 Hours</b>
<b>Subtopics:</b> <ul style="list-style-type: none"> <li>• Empowering elderly: Counselling and guidance services for preparation of old age, lifestyle management, retirement plan, second career, grief and bereavement counselling, addressing spiritual concerns</li> <li>• Family Interventions and social support strategies; counselling services for caregivers, sensitizing children/families/ communities, creating favourable/safe environment for the elderly, emergency response systems: Helpline, peer counselling. Community living.</li> <li>• Interventions for enhancing well-being of the institutionalized elderly</li> </ul>	

**Practical component (if any) - NIL**

### **Essential readings**

- Bemoth, M. & Winkler, D. (2017). Healthy Ageing and Aged Care, UK: Oxford University Press
- Binstock, R.H., & George, L.K. (2001). Handbook of Aging and Social Science. New York :Academic Press.
- Cox, E.O., Kelchner, E.S., & Chapin, R.K. 2002 Gerontological Social Work Practice: Issues, Challenges and Potential, Haworth Social Work
- Marshall, M. (1983).Social Work with Old People. Noida: The Macmillan Press Ltd.
- Palta singh, T. & Tyagi, R. (Eds.)(2015) Caring for the elderly: Social Gerontology in Indian Context, New Delhi: Sage
- Rajan, S.I., Mishra, U.S., & Sarma, P.S. (eds.)1999 India's Elderly: Burden or Challenge. New Delhi: Sage Publications.
- Ramamurthi, P.V., Jamuna, D. (eds.) (2004). Handbook of Indian Gerontology. New Delhi : Serial Publication.
- Sears, J.T.(2009). Growing older. USA: Routledge, Tylor& Francis Group.

### **Suggested readings**

- Atchley, R. (1997).Social forces and aging: an introduction to social gerontology, 8th ed. Belmont: Walsworth Publishing Co.,
- Bali, A.P. (ed.) 1999 Understanding Greying People of India. New Delhi: Inter India Publication.

- Birren, J.E., & Schaie, K.W. (eds.), 2001 Handbook of the Psychology of Aging (5th ed.), San Diego: Academic Press.
- Dhillon, P.K. 1992 Psychosocial Aspects of Ageing in India. New Delhi: Concept

**Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.**

**DISCIPLINE SPECIFIC ELECTIVE COURSE – 5 (DSE-1): RURAL AND URBAN  
COMMUNITY DEVELOPMENT(RUCD)**

**Credit distribution, Eligibility and Prerequisites of the Course**

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
<b>RURAL AND URBAN COMMUNITY DEVELOPMENT DSE 1 SW 321</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>1</b>	<b>12<sup>th</sup> Pass</b>	<b>NIL</b>

**Learning Objectives**

The learning objectives of this course are as follows:

- To understand basic concepts, nature and characteristics of rural and urban communities.
- To understand the needs, social concerns and challenges in rural and urban communities
- To develop an insight about government measures, schemes/programmes, agencies of participative and democratic governance

**Learning outcomes**

At the end of the semester the students will be able to

- Develop a practical understanding of various concerns and challenges in rural and urban community development.
- Develop professional social work practice skills and competencies in addressing developmental concerns.
- Develop an in-depth understanding of the government measures designed for rural and urban communities.

**SYLLABUS OF DSE- 1**