

## COMMON POOL OF GENERIC ELECTIVES (GE) COURSES

### GENERIC ELECTIVES (GE-9) : SOCIAL WORK RESPONSE TO SUBSTANCE

Credit distribution, Eligibility and Pre-requisites of the Course

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course	Department offering the course
		Lecture	Tutorial	Practical/ Practice			
<b>SOCIAL WORK RESPONSE TO SUBSTANCE ABUSE GE 9</b>	<b>4</b>	<b>3</b>	<b>1</b>	<b>0</b>	<b>12<sup>th</sup> Pass</b>	<b>NIL</b>	<b>Social Work</b>

#### Learning Objectives

The learning objectives of this course are as follows:

- To build a basic understanding of the concept of substance abuse
- To understand the impact of substance abuse on individual and society
- To learn various programmes and legal measures to control substance abuse by government and non-government organizations.

#### Learning outcomes

At the end of the semester, the student will be able to:

- Evaluate the impact of substance abuse on health of individuals and society.
- Critically assess various programmes of government and Non Government Organization to prevent and control substance abuse.
- Critically appraise the functioning of drug de-addiction centres and role of social work profession.

#### SYLLABUS OF GE-9

## **Unit I: Understanding Substance Abuse**

**15 Hours**

**Unit Description:** This unit will describe various concepts related to substance abuse. The students will also learn about various theories and socio-cultural perspectives of addictive behaviour.

### ***Subtopics:***

- Substance abuse: Meaning, Definition and its causes
- Types of substance abuse and related risk factors
- Theories of addiction, social, cultural and psychological perspectives of addiction

## **Unit II: Psychoactive substances and impact**

**10 Hours**

**Unit Description:** To familiarize students with various psychoactive substances and their impact on physical, mental and social health of individuals and families.

### ***Subtopics:***

- Categories of psychoactive substances
- Impact of Substance abuse on Physical Health, Mental Health, Social relationship
- Crime and Substance abuse

## **Unit III: Policies, Programmes and Substance abuse**

**10 Hours**

**Unit Description:** This unit will describe various programmes and legislations to curb substance abuse in Indian context.

### ***Subtopics:***

- Prevention and control of substance abuse : Role of educational institutions, families, Government and Non-Government Organizations
- Drug De-addiction centres: functioning and approaches, Ways to say no to drugs, Alcohol Anonymous groups, peer support groups for recovery addicts
- Narcotic Drugs & Psychotropic substance Act 1985

## **Unit IV: Social Work Intervention in Substance Abuse**

**10 Hours**

**Unit Description:** This unit will introduce the role of social work profession in addressing the issues related to substance abuse.

### ***Subtopics:***

- Role of Social Worker in prevention and control of substance abuse: Individual, Group and Community level
- Cognitive and Dialectical behaviour theory
- Family practice and Group Work in the field of Addiction

**Practical component (if any) - NIL**

**Essential readings**

- Anthony. G., (2013): Social Work with Drug, Alcohol and Substance Misusers: SAGE Publications, Ltd
- Fitzgerald E.H. & Puttler I. L. (2018): Alcohol Use Disorders: A Developmental Science Approach to Etiology, New York: Oxford University Press.
- Korsmeyer, P et.al.(2008): Encyclopedia of Drugs, Alcohol and Addictive Behavior,MI: Macmillan Reference (Gale/Cengage) .
- Palmer. D. S., (2021) Social Work in Mental Health and Substance Abuse: Apple Academic Press

### **Suggested readings**

- Madan,G.R.(1973): Indian Social Problems,Vol.1&2. Mumbai:Allied publication.
- Merton, R.K. (1971) Contemporary Social Problems, NewYork: Harcourt Brace Jovanovickand Nisbet.
- Zastrow, C (1999): Social Problems, Issues and Solution,Canada:Wadsworth Thomson, Learning Publication.
- WHO: <https://www.who.int/docs/default-source/substance-use/who-psa-93-10.pdf>

**Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.**