

## DISCIPLINE SPECIFIC ELECTIVE COURSE -14 (DSE-14)

### CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical / Practice		
Psychological Anthropology	04	03	Nil	01	Class XII pass	NIL

(Teaching hours required: Theory, 45 hours; Practical, 30 hours)

#### Course Objective

The course examines the cultural, evolutionary and psychological basis of human behaviour. It attempts to bring in the cultural basis of some of key psychological concepts like self, identity, emotion, and others that influences human cognition and behaviour and the psychological basis of cultural behaviour, it also looks at cultural aspects of Mental disorders.

#### Learning Outcomes

The course would enable the students to:

- understand the cultural, evolutionary and the psychological basis of the key concepts of mind, body and culture.
- comprehend the universals in human behaviour and how these universals are influenced by the culture and other factors.

**Unit1.** Concepts of Human Nature, Body, Brain, Mind and Culture. **(10 Hours)**

Foundations of human behaviour: cultural, evolutionary and psychological dimensions.

**Unit 2:** Culture and Personality Studies; Basic personality, Modal personality, National Character studies **(11 Hours)**

**Unit 3:** Concepts of Self, Identity, Emotions **(12 Hours)**

**Unit 4:** Psychiatric anthropology and mental wellbeing; Altered states of consciousness: spirit possession, shamanism and faith healing **(12 Hours)**

#### Practical (30 Hours)

1. Students are required to conduct interviews and assess the psychological profile of the respondents in given cultural context.

2. Exploration of issues pertaining to the idea of personhood, interpersonal relationship and cultural orientations in the life of the respondents.
3. A brief report is to be prepared on any specific topic having relevance to psychological anthropology.

### **Suggested Readings:**

1. Imgham, J. M. (1996). *Psychological Anthropology Reconsidered*. Cambridge: Cambridge University Press.
2. Eller, J.D. (2019). *Psychological Anthropology for the 21st Century*. NY and London: Routledge
3. Shweder, Richard A. and Robert A. LeVine, eds. (1984). *Culture Theory: Essays on Mind, Self and Emotion*. Cambridge: Cambridge University.
4. Spiro, Melford E. (1987). *Culture and Human Nature: Theoretical Papers of Melford E. Spiro*. Benjamin Kilborne and L.L. Langness, eds. Chicago: University of Chicago Press.
5. Strauss, Claudia and Naomi Quinn (1997). *A Cognitive Theory of Cultural Meaning*. Cambridge: Cambridge University Press.
6. Nayar, Mahima. (2018). *Against all odds: Psychosocial distress and healing among women*. New Delhi: Sage Publications
7. Mathur, Nita. (2002). *Cultural rhythms in emotions, narratives and dance*. New Delhi: Munshiram Manoharlal

### **Teaching Learning Process**

Lectures and Discussions, Seminars and Presentations

### **Assessment Methods:**

As per University Rules

### **Keywords:**

Emotions, Identity, Altered states of consciousness, personality, shaminism