

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practical		
Molecular Basis of Non-communicable Human Diseases (BCH-DSE-7)	04	02	00	02	Class XII with Science and Biology	Course in human physiology

Learning Objectives

Non-communicable diseases are a diverse group of chronic diseases that are not transferred between individuals. NCDs have long-term health consequences and often create a need for long-term treatment and care. This course is aimed at providing the learner with an understanding of the multiple aetiological factors that lead to NCDs. It will also discuss the molecular and biochemical basis of the symptoms of major NCDs like Cardiovascular disease, Cancer, lifestyle disorders, chronic renal and lung disease. Apart from the major NCDs some other NCDs will also be taught. The practicals will address the diagnostics of some of these NCDs. The course will not only help students get an insight into some aspects of molecular medicine but will also give them some background if they wish to pursue a post-graduation in molecular medicine or any other relevant field.

Learning outcomes

On successful completion of the course students will be able to:

1. Discuss the relationship between lifestyle and noncommunicable diseases.

2. Analyze the various molecular and biochemical interactions that contribute to the cause of NCDs.
3. Explain the networking between different endogenous and exogenous factors that contribute to NCDs burden.
4. Describe specific biomarkers that can be used to diagnose a disease or Disorder.
5. Perform tests of various diagnostic parameters that are used to identify NCDs.
6. Discuss the disease burden in today's urban society and also understand the wide spectrum of symptom diversity that occurs in such diseases through case studies.

SYLLABUS OF DSC-7

BCH-DSC-7 : MOLECULAR BASIS OF NON-COMMUNICABLE HUMAN DISEASES **Semester – VI**

2.2 Course Contents

Theory (Credits – 2)

Total Hours : 30

Unit 1: Multifactorial complex disorders (10 Hours)

Understanding the definition of multifactorial diseases. Polygenic diseases and the relationship of environmental factors and genetic makeup in the onset of diseases: Polycystic ovarian syndrome, COPD, ARDS, Emphysema, Chronic and acute renal failure, Glomerulonephritis; Cancer: Molecular basis for neoplastic growth, metastasis, and cancer pathology; Cancer immunity; Molecular approaches to cancer treatment: Cervical cancer and preventive vaccine, Biomarkers for early detection of cancer-breast, prostate, hepatic.

Unit 2: Metabolic and Lifestyle disorders (10 Hours)

Obesity and eating disorders like Anorexia nervosa and Bulimia. Diabetes mellitus, Metabolic syndrome and the relationship with hypertension, hypothyroidism and stress. Cardiovascular disorders and Atherosclerosis-defining the broad spectrum of ailments that fall in this category, understanding the factors that contribute to the syndrome, stages of disorder and the management of the condition. Irritable bowel syndrome-biochemistry behind the disorder and the influence of diet, stress and environment on the condition.

Unit 3: Diseases due to misfolded proteins (5 Hours)

Introduction to protein folding and proteasome removal of misfolded proteins; Etiology and molecular basis for Alzheimer's, Prion diseases, Huntington's Chorea, Sickle cell Anemia, Thalassemia.

Unit 4: Monogenic diseases (5 Hours)

Inborn errors in metabolism: PKU, Alkaptonuria, Maple syrup urine disease; Receptor and transport defects: Cystic fibrosis, Long QT syndrome, familial hypercholesterolemia, and clotting disorders (Hemophilia and Deep vein Thrombosis).

2.3 Practicals

Credits: 2 **Total Hours:**
60

1. Assessment of Obesity and metabolic syndrome
2. Estimation of glycosylated haemoglobin
3. Permanent slides for different types of cancer
4. Diagnosis of Thalassemia / Sickle cell Anemia
5. D dimer test / CRP tests
6. Serum LDH isozymes as a diagnostic tool
7. TropT as a cardiac marker
8. Biomarkers used in cancer diagnosis (virtual)
9. Case Studies on NCDs
10. Role of vaccination in adults to prevent NCDs with age: Group discussion.

2.4 Essential readings:

1. Textbook of Biochemistry with Clinical Correlations (2011) Devlin, T.M. John Wiley & Sons, Inc. (New York), ISBN: 978-0-4710-28173-4.
2. Introduction to Human Physiology (2012) 8th edition; Lauralee Sherwood. Brooks/Cole, Cengage Learning. ISBN-13: 978-1133104544 ISBN-10: 1133104541
3. The World of the cell, 7th edition (2009). Lewis J. Kleinsmith, Jeff Hardin, Gr Wayne M. Becker. ISBN-13: 978-0805393934 ISBN-10: 0805393935.

4. The Cell: A Molecular Approach (2009) 5th ed., Cooper, G.M. and Hausman, R.E., ASM Press & Sunderland (Washington DC), Sinauer Associates, MA, ISBN:978-0-87893- 300-6

Suggested readings:

1. Genetics (2012) 6th ed., Snustad, D.P. and Simmons, M.J., John Wiley & Sons. (Singapore), ISBN: 978-1-118-09242-2.
2. Guyton, A.C. and Hall, J.E., (2016) Reed Textbook of Medical Physiology 13th ed., Elseviers India Pvt. Ltd. (New Delhi). ISBN: 978-1455770052

3. Key words:

Non-communicable disease, Lifestyle disorders, cancer,
Monogenic disease, Multifactorial disease, Misfolded proteins.

Note: Examination scheme and mode shall be as prescribed by
the Examination Branch, University of Delhi, from time to
time.