GENERIC ELECTIVE (BIOMED-GE) UNDERSTANDING THE HUMAN BODY SYSTEMS

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
UNDERSTANDING THE HUMAN BODY SYSTEM]	4	3	0	1	XII Passed	Basic knowledge of human physiology

Learning objectives

The Learning Objectives of this course are as follows:

- This is an introductory course dealing with the structure and function of the human organism and the issues facing the human in today's world.
- It is intended for students with limited science background. It would make them familiar with basic physiological concepts.

Learning outcomes

The Learning Outcomes of this course are as follows:

- Students will have an increased understanding and appreciation for the workings of the human body. They will be familiar with the terminology and physiology of the major organ systems
- They will be able to explain the relation between form and function in biology, as expressed in molecular, cellular, and whole-organism physiology.
- Students will be able to recognize the anatomical structures and explain the physiological functions of the body systems.
- Recognize the anatomical structures and explain the physiological functions of the body systems. Develop scientific terminology to describe the parts and processes of the human body.

SYLLABUS

Unit I: Body organization and integumentary system (05 hrs)

General anatomy of the body, introduction to various kinds of body planes, cavities and their membranes, tissues level of organization and classification (types, origin, function & repair). Structure and functions of human skin. Blood as connective tissue

Unit II: Nervous and Endocrine system (10 hrs)

Organization of the central and peripheral nervous system. Nerve physiology, motor and sensory physiology(special senses). General mechanism of hormone action, structure, function and regulation of the major gland of the body: pituitary, hypothalamus, thyroid, pancreas and adrenals. Basic concepts about hypo and hyper secretion of hormones.

Unit III: Muscular and skeletal system (05 hrs)

Functional anatomy of muscular system, types of muscles, neuromuscular junction structure, property and transmission, general characteristics of muscle contraction using skeletal muscle as example.

Unit IV: Cardiovascular and respiratory system (08 hrs)

Functional anatomy of heart, the cardiac cycle, electrocardiogram. Circulatory system: Blood vessels, hemodynamics and regulatory mechanisms. Lymphatic circulation - hemodynamics and regulation, micro-circulation, functional anatomy of the respiratory system. Mechanisms of pulmonary and alveolar, gaseous exchange, transport of gases, respiratory and nervous control and regulation of respiration.

Unit V: Gastrointestinal system and Renal physiology (11 hrs)

Anatomy and histology of the digestive tract. General principles of gut motility secretion, digestion, absorption and assimilation. Functional anatomy of kidney, histology of nephron and its physiology, process of urine formation. Urinary bladder: structure, micturition and its regulation

Unit VI: Reproductive System (06 hrs)

Structure and function of male and female reproductive organs. Basic concepts of gametogenesis (oogenesis and spermatogenesis), fertilization, implantation, menopause and contraception.

Practical (30 hrs)

(Wherever wet lab experiments are not possible, the principles and concepts can be demonstrated

through any other material or medium including videos/virtual labs etc.)

1. To prepare a blood smear and identify different types of white blood cells.
2. Estimation of hemoglobin (Sahli's method)
3. Physiological data acquisition based experiments (ECG/PFT/EMG).
4. Blood Pressure recordings in humans.
5. To study a simple reflex arc
6. To study the sensation of taste, touch and smell.
7. To study various types of contraceptives (condoms, IUDs, oral and injectable contraceptives)
8. To study different human organs and their sections through permanent histological slides T.S. of brain, spinal cord, skeletal fibers, cardiac muscles, skeletal muscles, T. S. of thyroid, liver, thymus, spleen, ovary, artery, vein, capillaries, testis, pancreas, esophagus, adrenal, kidney (cortex and medulla), urinary bladder, fallopian tubes, epididymis, lungs, trachea, heart. (minimum 8 slides covering the systems mentioned in theory).

Essential readings:

- Guyton and Hall Textbook of Medical Physiology, 14th edition (2020), J. E. Hall; W B Saunders and Company, ebook ISBN: 978-0-3236-4003-9; Hardcover ISBN: 978-0-3235-9712-8
- Principles of Anatomy and Physiology, 16th edition (2020), Gerard J. Tortora and Bryan H. Derrickson; Wiley and Sons, ISBN: 978-1-119-66268-6. (e book), ISBN: 978-1-119-70438-6 (for print book).
- Textbook of Practical Physiology, 9th edition (2019), CL Ghai; Jaypee Publication, ISBN-9789352705320.
- Human Physiology, 16th edition (2011), Stuart I. Fox; Tata McGraw Hill, ISBN10: 1260720462; ISBN13: 978-1-26-072046-4.

Suggestive readings:

- Ganong's Review of Medical physiology, 26th edition (2019), K. E. Barett, S. M. Barman, S. Boitano and H. Brooks; Tata McGraw Hill, ISBN 978-1-26-012240-4 (for ebook) ISBN:978-1-26-012241-1 (for print Book)