GENERIC ELECTIVE COURSE : BIOCHEMICAL BASIS OF LIFE

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
BIOCHEMICAL BASIS OF LIFE	4	3	0	1	XII Passed	Basic knowledge of biology

Learning objectives

The Learning Objectives of this course are as follows:

- The objective of this course is to address how the wonderful and remarkable properties of living organisms arise from the various biomolecules, the building blocks.
- The course focuses on the chemical complexity and organization of molecules in a living cell, extraction and transformation of energy
- It gives insights into the changes that occurred during the gradual evolution of life.

Learning outcomes

The Learning Outcomes of this course are as follows:

- The fundamental Chemistry of Life: students will gain an understanding of the elements found in living systems and appreciate the importance of water as the solvent for living systems. It is important to learn about the units used for expressing the biochemical basis of a living system. Students will learn the unit system for the molecular mass of biomolecules, units used for the concentration of solutions, and units for expressing the distances, etc.
- Cellular foundations of life**: a** stepwise organization of a living system, starting from the smallest unit to an entire living organism would be the focal point in this unit.

- Molecular basis of life**: s**tudents will understand the monomeric forms of different types of biomolecules. In addition, the relationship between the structure and function of biomolecules would also be learnt.
- Physical foundation of life: students would learn the concept of enthalpy, entropy and free energy in a living system and understand the importance of the energy currency and the significance of coupled biochemical reactions.
- Biochemical events in the origin of life: students would learn the origin of life and the nature of transformative changes that occurred for life to evolve from the pre-biotic world to the modern times.

SYLLABUS

Unit I: The fundamentals of chemistry of life (06 hrs)

Carbon chemistry of life, structure and importance of water, diverse inorganic ions, major elements (C, H, O, N, S), trace elements. Units used in biochemistry such as those expressed for the atomic mass unit (daltons), concentration (moles/litre) and distance (in nanometer-scale).

Unit II: Cellular foundations of life (06 hrs)

Levels of organization in a living system. The important features of living cells, subcellular organelles in eukaryotic cells and subcellular organization in prokaryotic cells. Brief description on phototrophs, chemotrophs, autotrophs and heterotrophs.

Unit III: Molecular basis of life (12 hrs)

Common functional groups and linkages in biomolecules.

Macromolecules: classification, building blocks, structural and functional diversity. Structural and functional forms of macromolecules: Proteins (collagen, albumin, hormones (insulin), enzyme (proteases, nucleases, amylases and lipases); Polysaccharides (starch, glycogen, cellulose), Nucleic acids, Lipids (cholesterol and triglycerides).

Unit IV: Physical foundation of life (11 hrs)

Enthalpy, Entropy, Free Energy, Standard Free Energy, Equilibrium constant, Open and closed systems, endergonic and exergonic reactions, the energy currency in a biological system (ATP), energy coupling reactions.

Unit V: Biochemical events in the origin of life **(10 hrs)**

Landmark events in the evolution of life. Biochemical basis of the origin of aerobic and anaerobic world. Evolution of biological monomers and polymers from pre-biotic compounds. Properties of DNA as genetic material. Structural and functional analysis of eukaryotes and prokaryotes, with suitable examples.

Practical **(30 hrs)**

(Wherever wet lab experiments are not possible, the principles and concepts can be demonstrated through any other material or medium including videos/virtual labs etc.)

1. Preparation of buffer at a specific molarity and pH.
2. Numerical problems based on Enthalpy, Free Energy and Entropy.
3. Comparative analysis of protein content in egg white and egg yolk using Bradford method.
4. Detection of a glucose polymer (starch) in rice/potato/corn, using iodine test.
5. To assess the differential solubility of lipids in aqueous and organic solvents.
6. Extraction of DNA from plant/microbial cells by the spooling method.
7. Demonstration of agarose gel electrophoresis for analyzing the isolated DNA.
8. To compare the structural features of a prokaryotic and eukaryotic cell by studying their electron micrographs.

Essential readings

- Nelson, D.L. and Cox, M.M. (2021). Lehninger: Principles of Biochemistry(7th ed.). W.H. Freeman & Company (New York), ISBN:13:9781319322328
- Pratt, C.W. and Cornely, K.(2017). Essential Biochemistry (4th ed.) John Wiley& Sons, Inc.ISBN:9781119012375
- Plummer, D.T. (2012). An Introduction to Practical Biochemistry. New Delhi, India: McGraw-Hill College.

Suggestive readings:

- Berg, J., Gatto, G., Stryer, L. and Tymoczko, J. L. (2019). Biochemistry. New York, USA: W. H. Freeman and Company.
- Campbell, M. K. and Farrell, S. O. (2017) 9th Edition. Biochemistry. Boston, USA: Brooks/Cole Cengage Learning. ISBN-13: 978-1305961135

GENERIC ELECTIVE: CONCEPTS IN MEDICINAL CHEMISTRY

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
CONCEPTS IN MEDICINAL CHEMISTRY	4	3	-	1	XII Passed	Basic knowledge of Chemistry and Biology

Learning Objectives:

The introduction to Concepts of Medicinal Chemistry course at undergraduate level to students has been conceived to make them understand:

- Concepts of chemical science interlinked to other science disciplines such as chemistry, biology, biochemistry, pharmacology etc.
- Application of the area in revealing new drug design and targets through studying the drug receptor interactions and lead discovery.
- Various drug targets in the body and drug development strategies.

Learning Outcomes:

- After completing the course, students shall be able to understand the structure and function of biomolecules, chemistry of stereoisomers and its importance in process of drug designing. Further, they will be able to explore various kinds of drug targets including protein, enzymes, nucleic acids etc.
- They will also appreciate the process of drug-receptor interactions; identify association between chemical structure and its physicochemical properties.
- After completion of the course, learners will demonstrate a strong foundation via problem solving, critical thinking and analytical reasoning in the fundamentals of medicinal chemistry, physicochemical principles of drug action and measurement of drug effects, comprehend the physicochemical basis for the rational drug design, analogue synthesis, and mechanism of action of drugs.
- Students will be able to design and carry out small molecule (low molecular drug-relevant compounds) synthesis. They will understand the natural product isolation and identification of their phytochemical constituents. They will also learn to identify biomolecules.

SYLLABUS **(45 hours)**

Unit I: Introduction and Stereoisomerism (**16 Hours)**

Importance of water as solvent, Partition coefficient, Drug dissolution, Acid-base properties, Henderson Hasselbach equation, Surface activity, Bio-availability, Hammett equation. Physicochemical Interactions-bonding and non-bonding interactions, Rational drug design and Introduction to SAR, Concept of prodrugs and Stereochemical aspects of drug action.
Optical isomerism: Optical activity, enantiomerism, D and L designation, racemic modification, R and S sequence rules, diastereoisomers, (2L), Geometrical isomerism: Definition, nomenclature– E and Zisomerism, Walden inversion, Conformational isomers: conformation of ethane and butane, Specific rotation, optical purity.

Unit II: Biomolecules **(8 Hours)**

Amino Acids: Structure and classification of amino acids, ionization & titration curves and formation of peptide bond, cis and trans conformation and planarity. Ramachandran Plots (phi, psi and omega), Secondary structure of proteins (α-helical, β-pleated sheet). Nucleotides: structure and numbering, Tautomerism in nucleic acid bases, pH and properties; Sugars and conformation of sugar phosphate backbone. Monosaccharides- cyclization of aldoses and ketoses, concept of mutarotation, anomers, epimers.

Unit III : Principles of Drug Action: Receptor Interactions & Target Classification

(a): Drug-Receptor Interaction **(8 Hours)**
Kinetic analysis of ligand receptor interactions using Scatchard plot, Double reciprocal plot, Hill plot, Forces involved, Affinity, Efficacy and potency, Relationship between dose and effect (graded and quantal response). Concept of Enzyme inhibition and Michaelis equation. Drug distribution and Zero & First order kinetics, half life, Microsomes and drug metabolism-Phase I and Phase II enzyme
(b): Drug Target Classification **(8 Hours)**
Drug Target Classification: Proteins as target: a) Classification of receptors and their functions and their activation/inhibition (such as Agonist, antagonists and inverse agonist) , Desensitization and sensitization of receptors. b) Enzymes as targets: Enzyme inhibitors (competitive, non-competitive, suicide inhibitors)Nucleic acids as drug targets: Classes of drugs that interact with DNA: DNA intercalators (amsacrine) and DNA alkylators (amine: mechlorethamine, nitrosoureas: carmustine).

Unit IV: New Drug Approval Process and regulatory affairs **(5 Hours)**

Investigational New Drug Applications (INDs): Approval processes and timelines involved, Preclinical testing, Clinical testing - Phase I, II, III and IV, Developing clinical trial protocols, Institutional Review Board / Independent Ethics committee - formation and working procedures, Informed consent process and procedures. Pharmacovigilance - Safety monitoring in clinical trials, Introduction of Drugs and Cosmetics Act (1940 and 1945) and patent act 1970. Process of drug patent filing- specifications, framing of claims and various forms.

Practical: **(30 hours)**

(Wherever wet lab experiments are not possible the principles and concepts can bedemonstrated through any other material or medium including videos/virtual labs etc.)

1. Recrystallization of an organic compound (e.g., benzoic acid) and determination of its melting point.
2. Preparation of Hippuric acid/s-benzyl thiouronium salt/ Benzoquinone, recrystallization and characterization.
3. Phytochemical qualitative examination of *Curcuma Longa* constituents by solvent extraction (Tannins, Saponins, Flavanoids, Alkaloids, Polyphenols)
4. Conduct qualitative tests for amino acids/proteins**:** Ninhydrin, Xanthoproteic, Million's, Lead Acetate, Biuret test.
5. Prepare the titration curve of acetic acid/glycine.
6. Measure absorption spectrum of protein and DNA and calculate the purity of protein
7. Measure protein concentration using absorption spectrum (BSA)
8. Extraction of caffeine from tea leaves.
9. Study absorption property of caffeine using absorption spectroscopy.

Essential Readings:

- Patrick G.I. (2017). 6 th Edition. Introduction to medicinal chemistry. Oxford, UK: Oxford University Press. ISBN-13: 978-0198749691.
- Silverman, R.B. and Holladay, M.W. (2014). 3 rd Edition. The organic chemistry of drug design and drug action. San Diego, USA: Elsevier, Academic Press. ISBN-13: 9780123820303.
- Nelson, D. L. and Michael M. Cox (2021) 8th Edition. Lehninger Principles of Biochemistry. New Jersey, USA: Prentice Hall Publishers.
- Nasipuri, D. (2020), Stereochemistry of Organic Compounds: Principles and Applications, 4 th Edition, New Age International.
- Plummer, D. (2017) An Introduction to Practical Biochemistry, 3rd edition. McGraw-Hill College.

Suggested Readings:

- Wermuth, C. G., Aldous, D., Raboisson, P., & Rognan, D. (2015). *The Practice of Medicinal Chemistry* (4th ed.). Elsevier, Academic Press.
- King, F. D. (2003). *Principles and Practice of Medicinal Chemistry* (2nd ed.). The Royal Society of Chemistry
- Nogrady, T., & Weaver, D. F. (2005). *Medicinal Chemistry: A Molecular and Biochemical Approach* (3rd ed.). Oxford University Press

GENERIC ELECTIVE: ENVIRONMENT SUSTAINABILITY AND BIOMEDICAL WASTE MANAGEMENT

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
Environment Sustainability And Biomedical Waste Management	**4**	**3**	**-**	**1**	**XII Passed**	**Basic knowledge of biology**

Learning objectives

The Learning objectives of this course are as follows:

- To promote awareness among students about the importance of environment and its sustainable usage and development
- To highlight the components affecting environment and factors responsible for deterioration of environment
- To familiarize with the techniques available for waste management, use of refuse/ reduce/re-use/recover/re-cycle of substances toxic for environment

Learning outcomes

Having successfully completed this course, students shall be able to learn and appreciate:

- Surroundings and environment, renewable/non-renewable natural resources and their exploitation. Sensitizing about environmental crisis can promote them to for search alternatives to reduce our dependence of non-renewable natural resources and their usage.
- Studies on pollution and deforestation will help them to understand their impact on environment and human health. Conservation of forests and recycling policies will promote social awareness about sustainable development.
- Learning about various methods of sustainable development is an important for skill development in students so that they can design better strategies to protect our environment.
- Generation of biomedical waste is alarmingly increasing but the awareness of appropriate waste disposal methods is completely lacking. Development of new methods for waste management and strategies in this area will help them to reduce and segregate waste at point source.
- At the end of this course, students will be able to understand the severity of the problem and influence of biohazards on human health

SYLLABUS

Unit I: Environment and Environmental Crisis (08 hrs)

Function of environment, resources (biotic and abiotic), renewable resources (air, water, land) and non-renewable resources (fossil fuels), worldwide Environmental Crisis: Global Warming, Ozone Layer Depletion, Measures to protect environment: environmental pollution and its control measures, air pollution in metropolitan cities of India, Deforestation and conservation, steps for social awareness, Reduce, Reuse and Recycle policy for waste management, water conservation, implementation of policies and programmes for environment sensitization, Environmental tribulations in India: Environmental degradation, Indian government proposals and plans to protect environmental degradation

Unit II: Role of green technologies in Sustainable development (14 hrs)

- Definition and aspects, requirements, strategies and way for sustainable development , Role of education for sustainable development (ESD); Management of resources for human consumption and its impacts assessment, Influence of biodiversity on ecosystem services, Land use changes for agriculture and food, Indian government initiatives to implement sustainable development, Challenges to acquire SDGs.

- Surfacing green technologies and sustainable growth, Different aspects of sustainable development: bioprospect of plant essential oils for medicinal uses-revival of Indian ancient practice; Nanotechnology: potential for environmental sustainability, Role of photo-catalyst in environmental remediation, Applications and future prospective of biopolymers in industries; Green and self-sustainable buildings: Opportunities and challenges

Unit III: Measures for Sustainable development (09 hrs)

Phytoremediation of chemopollutants, bioconversion of industrial wastes into value-added polyhydroxyalkanoate (eg sugar and oils), Role of fungal and bacterial resources in heavy metal/radioactive waste material contaminated soil remediation and ecological restoration, xenobiotics bioremediation using fungi, Impact of pesticides usage in agricultural practices on microbial communities and soil bioprocesses: a biochemical, physiological, and molecular perception; Possibilities of biofuel production from microalgae as renewable energy source for environmental sustainability, integrated algal industrial waste treatment and bioenergy generation

Unit IV: Biomedical waste management (07 hrs)

Definition and classification of biomedical waste, Infectious, non-infectious and chemical waste;
Waste management: designation of waste, segregation, packaging and transportation.
Treatment: steam sterilization, chemical disinfection, incineration, emerging treatment technologies, treated waste disposal, regulatory and advisory considerations, Training of supportive staff

Unit V: Health and safety of workers in hazardous environment (07 hrs)

Exposure of workers at hazardous waste sites: chemical exposure, explosion and fire, ionizing radiation, biologic hazards, oxygen deficiency, heat stress, blood borne pathogens, safety hazards, electrical hazards, noise hazards, cold exposure, other physical hazards, hazardous waste operations and emergency response

Practical (30 hrs)

(Wherever wet lab experiments are not possible, the principles and concepts can be demonstrated through any other material or medium including videos/virtual labs etc.)

1. Document the Biological Wealth (flora and fauna) of your campus.
2. Calculate the water footprint of your organization.
3. Examine the current status of organization for waste management. Develop guidelines to reduce waste by improved methods of handling and disposing of wastes.
4. Plan guidelines for the safety of workers working at hazardous waste sites.
5. A case study on "Make sustainability more than just the right thing to Do"
6. A case study on handling and disposal of wastes.
7. Develop green design of organization to maintain and enrich the biological wealth.
8. Understandings of energy missions and follow up for classroom energy audit.
9. Prepare a questionnaire to asses knowledge, attitude and practices among students about Sustainable Development
10. Prepare a poster on Bio-augmentation and Bio-stimulation**.**
11. Make a poster on success stories of environment polices and movements that have reduced pollution or reversed diminishing populations of unique species.
12. Determine your carbon foot printing.

Essential readings

- Sangeetha, J; Thangadurai, D; David, M and Abdullah, M.A. (2021) 1st Edition. Environmental Biotechnology: Biodegradation, Bioremediation, and Bioconversion of Xenobiotics for Sustainable Development. Edited by. Apple Academic Press Inc, 9 Spinnaker Way, Waretown, NJ 08758, USA. International Standard Book Number-13: 978-1771883627.
- Fulekar, M.H.; Pathak, B; Kale, R.K. (2014) Edition 2014th Environment and Sustainable Development. Publisher-Springer Nature ISBN: 978-8132211655
- William C. Blackman, Jr (2001) Basic hazardous waste management.. Third Edition, Lewis Publishers, Boca Raton London New York Washington, D.C. ISBN 1-56670-533-9 (alk. paper)

Suggestive readings:

- Tweedy, James T., Healthcare hazard control and safety management-CRC Press_Taylor and Francis (2014).

GENERIC ELECTIVE GENETIC BASIS OF DISEASES

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
Genetic Basis of Diseases	**4**	**3**	**-**	**1**	**XII Passed**	**Basic knowledge of Biology**

Learning Objectives

- The course is designed to provide insight about the importance of our genetic material.
- Students will be taught different types of changes that can take place in our genetic material and their repercussions.
- Students will be briefed as to how even minor changes in such a complex genetic system can lead to serious defects and disorders.

Learning outcomes

Having successfully completed this course, students will understand:

- The basic structural arrangement of our genetic material, its location within the cells and how it contributes to the unique features of each individual organism.
- Possible changes that can occur in the chromosomes at the macro level and what serious consequences this might have to the bearing individuals will be taught to the students.
- Not only the structural features but also the correct dose of the chromosomes present in our cells plays an important role in regulating normal body functioning. The same will be taught by citing examples of disorders associated with both extra as well as deficient chromosome numbers.
- The basic Mendelian pattern of inheritance. Students will also learn about different changes that can occur within a single gene, the diseases associated with them and how these changes can be inherited from one generation to the next.

SYLLABUS

Unit I: Organization of human genome (09 Hrs)

Basic structure of DNA and chromosomes, euchromatin, heterochromatin. A brief overview of the human nuclear and mitochondrial genome, Concept of allele, haploid and diploid. Genetic Variations-Polymorphism vs mutations. Types of mutations: Somatic vs germline.

Unit II: Structural chromosomal abnormalities (06 Hrs)

Different types of structural chromosomal abnormalities (deletions, duplications, inversions and translocations) and their associated disorders (Cri-du-chat, Wolf-Hirschhorn, Charcot-Marie-Tooth disease Type 1, Pallister Killian, Hunter syndrome, Walker-Warburg, CML).

Unit III: Numerical Chromosomal abnormalities (06 Hrs)

Concept of non-disjunction anaphase lagging, genomic imprinting, uniparental disomy, euploidy, aneuploidy and associated disorders (Down Syndrome, Edward Syndrome, Patau Syndrome, Turner Syndrome, Klinefelter Syndrome, Prader-Willi Syndrome, Angelman Syndrome).

Unit IV: Monogenic Disorders (12 Hrs)

Mendelian inheritance (autosomal and sex-linked). Types of gene mutations (substitution, indels, dynamic) and associated disorders: (Achondroplasia, Huntington's disease, sickle cell anaemia, cystic fibrosis, thalassemia, Rett Syndrome, haemophilia, colour blindness, phenylketonuria, albinism, maple syrup urine disease, alkaptonuria).

Unit V: Other genetic disorders (07 Hrs)

Multifactorial disorders like Cancer, Alzheimer's disease, Arthritis, Diabetes

Unit VI: Genetic counselling (05 Hours)

Invasive and non-invasive methods of prenatal diagnosis and screening (Down syndrome, Thalassemia). Genetic counselling for risk assessment and possible treatment and management strategies.

Practical component (30 hrs)

(Wherever wet lab experiments are not possible, the principles and concepts can be demonstrated through any other material or medium including videos/virtual labs etc.)

1. PCR for polymorphism detection
2. Study of chromosomal abnormalities through karyotypes
3. Pedigree charts for disorders likeHuntington's disease, colour blindness, sickle cell anaemia
4. Pedigree analysis for determining inheritance and risk assessment
5. Case studies for disorders like cancer, diabetes
6. Case studies for genetic counselling
7. Determination of linkage and cross-over analysis (through two point test cross and three point test cross data).
8. Analysis of Tetrads from *Saccharomyces cerevisiae.*

Essential readings:

- Klug, W. S., Cummings, M., Spencer, C. A., Palladino, M. A., Darrell K. (2019). 12th Edition. Concepts of genetics. San Francisco, NY:Pearson ISBN-13: 9780134604718.
- Snustad, D.P. and Simmons, M.J. (2019). 7th Asia Edition. Principles of genetics. New York, USA: John Wiley and Sons. ISBN-13: 9781119657552.
- Strachan, T. and Read, A. (2018). 5th Edition. *Human molecular genetics*. Florida, USA: CRC Press, Garland Science. ISBN: 978-0815345893.
- Gardner E. J., Simmons M. J. and Snustad D. P. (2006). 8th edition Principles of genetics. USA. Wiley. ISBN-13: 978-8126510436.

Suggestive readings:

- Speicher, M.R., Antonarakis, S.E. and Motulsky, A.G. (2010). 4th Edition. *Vogel and Motulsky's Human genetics: Problems and approaches*. Berlin, Germany: Springer Verlag. ISBN: 978-3540376538.
- Wilson, G.N. (2000). 1st Edition. *Clinical genetics: A short course*. New York, USA: Wiley-Liss, ISBN: 978-0471298069.

GENERAL ELECTIVE : HEALTH AND BODY DEFENSE SYSTEM

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
Health and Body Defense System	4	3	-	1	XII Passed	Basic knowledge of Biology

Learning Objectives

The Learning Objectives of this course are as follows:

- Characteristics of a healthy body and ways to improve one's health and well-being.
- Body defense system is a comprehensive study of the organization and functioning of the immune system with its network of cells and molecules. Understanding the biology of the immune system is key to developing strategies towards prevention and cure to a number of disorders and diseases that result due to malfunctioning and dysregulation of the immune system.
- This paper covers the organization and functioning of the various branches of immune system, namely, Innate and adaptive Immunity to combat different pathogens. Various Immunological techniques will also be taught to the students.

Learning outcomes

The Learning Outcomes of this course are as follows:

- Students learn various aspects of health and immune system in normal and infectious stage which equips students to design better strategies for combating the immunological disorders. Students will be given an overview to various pathogens and immune system in Invertebrates and Vertebrates.
- Students learn historical perspective of the extensive field of Immunology. They are introduced to the important concepts of Immunology.

- Students will be familiarized with origin and maturation of all blood cell types in bone marrow and thymus. They will understand the process of haematopoiesis, functions of various types of cells and roles played by them in generating immune responses against pathogens.
- The unit entails different barriers of Innate Immunity, Cells, Complement system, Patterns on the pathogens recognized by receptors of Innate Immune system, pathogen killing by the immune cells and concept & the importance of the Inflammation in an Immune response.
- Students will learn about the cells of adaptive immune system, the concept of antigen, antibody molecules and role of major histocompatibility complex & associated cells in the processing and presentation of antigen. The students will explore the branches of adaptive immunity - the humoral and cell mediated, their components and interplay of these components in combating the infection. The students will also be able to understand the significance of various kinds of growth factors and cytokines in the activations of various lymphocytes
- The students will be given knowledge about the principle, methodology and applications of various laboratory techniques involving antigen-antibody reaction.
- Vaccine based immunotherapies and their designing will assist them to think about new path for combating with pathogens and working mechanisms of immune system.
- The students will be made aware about the importance of diet and lifestyle in promoting Immunity and health.

SYLLABUS

Unit I: Hallmarks of Health **(03 Hrs)**

Basic aspects of healthy body: Cells, Tissue and Organ system, difference between prokaryotes and eukaryotes. Key differences between bacteria, fungi, protozoans and viruses.

Requirements for ahealthy body according to age and gender. Survival strategies of host against the invading pathogens: bacterial defense against bacteriophage, immune system of Plants, invertebrates (Mollusca) and vertebrates

Unit II: Introduction to Immune system: **(03 Hrs)**

Historical background, general concepts of the immune system, innate and adaptive immunity; active and passive immunity.

Unit III: Organization of Immune System: **(03 Hrs)**

Lymphoid Organs: thymus, bone marrow and haematopoiesis, lymph nodes, spleen.

Unit IV: Innate Immune response **(08 Hrs)**

- Physical and Chemical barriers
- Cells of the innate immune system: Natural Killer cells, monocytes and macrophages; neutrophils, eosinophils, basophils, mast cells and dendritic cells: Structure, Phenotypic and functional aspects.
- Complement system: Components of the complement activation classical, alternative and lectin pathways; biological consequence of complement activation.
- Mechanisms of pathogen killing by macrophages and neutrophils: Receptor/non receptor mediated endocytosis, phagosome formation, phagolysosome formation, respiratory burst phenomenon, basic pathways of oxygen dependent and oxygen independent killing mechanism.
- Inflammation: concept, hall marks of inflammation.

Unit V: Adaptive Immune Response **(10 Hrs)**

- Cells of the adaptive immune system: T and B lymphocytes
- Characteristics of adaptive immune response: self and non-self recognition, specificity, diversity and memory, primary and secondary immune response, allergen/ allergy.
- Antigens: antigenicity and immunogenicity, haptens. Properties (foreignness, molecular size, heterogeneity, route and dose of administration, solubility and degradability); host factors (genotypes, gender, nutrition) Blood group antigens and transfusion reactions.
- Basic function of Major Histocompatibility Complex
- Importance of Antigen presentation
- Types of antibodies and their function,
- Cell mediated immune response: Major steps in T cell differentiation in thymus: thymic selection, self MHC restriction, T cell receptor assembly. Phenotypic characteristics of naïve T-cells ($CD4^+$ and $CD8^+$ T-cells). Migration of naïve T-cells from thymus to secondary lymphoid organs. Activation of T-cells, proliferation of clonally selected T cells and their effector functions, concepts of T-helper 1 (TH_1) and T-helper 2 (TH_2) cells. Basic introduction to cytokines: IL-2, IL-4 and IFN-γ

- Contribution of MHC, B-cell receptor (BCR) and T-cell receptor (TCR) to diversity in adaptive immune response

Unit VI: Immunological Principles of Various Reactions and Techniques (05 Hrs)

Basic concepts of antigen-antibody interactions (epitope-paratope), Affinity and avidity, cross reactivity, precipitation, agglutination, immunodiffusion, immune-electrophoresis, ELISA (indirect, sandwich, competitive, chemiluminescence, and ELISPOT assay), western blotting, immunofluorescence microscopy, immunohistochemistry and lateral flow assay.

Unit VII: Vaccines and Immunotherapeutics (04 Hrs)

Contributions of Sir Edward Jenner and Louis Pasteur in vaccine development; Major types of vaccine and their characteristics, importance of adjuvants in the development of artificial and active immunity. The concept of passive immunity and immunotherapeutics (Plasma therapy in COVID-19, anti-rabies therapy, anti-toxin therapy), National immunization programme

Unit VIII: Diet, Nutrition and Life style in promoting health and Immunity (09 Hrs)

Importance of a well- balanced nutrition, the role of Immunity boosters and immunomodulators from kitchen shelf (curcumin , ginseng, lycopene &Giloy), vitamins (Vitamin A, B, C, D and Vitamin B12) and minerals (Zn) in improving health and defense.Role of probiotics, gut microbiota andprebioticsin regulating health and immunity. Role of physical activity and emotional & Mental state in regulation of Immunity status, holistic health and happiness. A primer on our traditional practices, yogic lifestyle and meditation in creating homeostasis in the body (balancing Vatta, Pitta and Kapha) will also be given.

Practical component (30 Hours)

(Wherever wet lab experiments are not possible, the principles and concepts can be demonstrated through any other material or medium including videos/virtual labs etc.)

1. Visualization of antigen-antibody interaction or To perform Immuno-diffusion by Ouchterlony method
2. To perform Immuno-diffusion by Mancini Method
3. To perform Complement fixation assay
4. To perform sandwich dot ELISA
5. To perform Widal test (Indirect/passive agglutination) for the detection of typhoid antigen and blood group determination (direct agglutination)

6. To perform SARS-CoV-2 Rapid Antigen Test(Lateral flow Assay)
7. Project work based on historical research work in the area of immunology.
8. Case studies on hypersensitivity reactions(seafood hypersensitivity, Erythroblastosis Fetalis)

Essential readings:

- Punt, J. Stranford, S. Jones, P. and Owen, J. (2019). 8th Edition. *Kuby Immunology*. New York, USA: W.H. Freeman and Company. ISBN- 13: 978-1464189784.
- Delves, P.J. Martin, S.J. Burton, D.R. and Roitt, I. M. (2017). 13th Edition. *Roitt's Essential Immunology*. New Jersey, USA: Wiley-Blackwell Science. ISBN: 13: 978- 1118415771.

Suggestive readings:

- Ananthanarayan R and Jayaram Paniker CK (Author), Reba Kanungo (Editor) (2020) Ananthanarayan and Paniker's Textbook of Microbiology, Eleventh Edition. Universities Press (India) Pvt. ISBN **9389211433**
- Practical Ayurveda: Find Out Who You Are and What You Need to Bring Balance to Your Life Paperback – 5 June 2018 by Sivananda Yoga Vedanta Centre. Publisher : DK; Illustrated : edition (5 June 2018) ISBN-10 : ISBN-13 ,1465468498 978-1465468499.
- Willey, J. Sherwood, L and Woolverton, C.J. (2016). 10th Edition. *Prescott's Microbiology*. New York, USA: McGraw-Hill Education. ISBN-13:978-1259281594.
- Satomi Oshima; Zhen-Bo Cao; Koichiro Oka (2015) 'Physical Activity, Exercise, Sedentary, Behavior and Health' Springer Tokyo Heidelberg New York Dordrecht London ISBN 978-4-431-55333-5 (eBook)
- Guglielmo M Trovato (2012) Behavior, nutrition and lifestyle in a comprehensive health and disease paradigm: skills and knowledge for a predictive, preventive and personalized medicine. Trovato EPMA Journal 2012, 3:8 (Review Article)
- Kindt T. J., Osborne B. A. , Goldsby R. A. (2007). 6th Edition *Kuby Immunology*. New York, USA: W.H. Freeman and Company. ISBN-13: 978-1429202114 ISBN-10: 1429202114.
- Hay, F.C. and Westwood, O.M.R. (2002). 4th Edition. *Practical Immunology*. New Jersey, USA: Blackwell Science. ISBN:9780865429611
- BYG-002 Yoga and Health, Block 4 Yogic Lifestyle, School of Health Science, Indira Gandhi National Open University (https://drive.google.com/file/d/10j00rWXLsCEV5cTbzK-hM43ezlNvn0hl/view)

GENERIC ELECTIVE: PRACTICES IN BIOSAFETY

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
PRACTICES IN BIOSAFETY	4	3	-	1	XII Passed	Basic knowledge of biology

Learning objectives

• Recent advances in the field of Biomedical Research have brought into focus the need for certain practices and strategies to prevent exposure to pathogens and toxins.

• The inventions in the field of Genetic Engineering have significantly influenced agriculture,

medicine and food processing industry. Thus implementation of biosafety enables number of procedures and rules that will be helpful in protecting humans and environment from disease causing microorganisms, pests, additives, contaminants and residues etc.

• Topics such as responsible use of biotechnology, biosafety levels, genetically modified (GM)

food, biosafety regulations, impact of biotech processes on environment are of major significance in present scenario.

Learning outcomes

• In this students would understand application of biotechnology in different fields like agriculture, environment, industrial manufacturing, food processes, health and medicine etc. It will enable them to recognize implication of recombinant biomolecules and organisms on our society.

- This would enable students to know about various hazardous biological substances one can come across while working in the laboratory or day today life, and the steps taken to minimize the risk. The students would understand different regulations for handling biohazard and radioactive material.
- The course should kindle the inquisitiveness in students about genetically modified and living modified organisms (GMO & LMO) and their impact on the environment.

SYLLABUS

Unit I: Introduction to biosafety (04 hrs)

Historical background of Biosafety, definition of biosafety, application of biosafety and need for biosafety.

Unit II: Social responsibility of biotechnology and biomedical research (08 hrs)

Legal and socio-economic impacts of biotechnology. Social responsibility towards safety measures.Social and ethical implications of biological weapons (Bioterrorism).Implication of recombinant biomolecules and organisms. Implication of gain of function research. Importance of biotechnology: benefits and limitations of transgenic to human health, society and the environment.

Unit III: Biosafety and importance of containment facility (08 hrs)

Components of biosafety (biohazard and biosecurity), measures of biosafety, containment (good laboratory practices and techniques, safety equipment, design facility), types of containment (physical and biological). Biosafety levels (BSL 1, 2, 3, 4), barriers (physical and secondary).

Unit-IV: Genetically modified organism: concerns and challenges (10 hrs)

Government of India definition of genetically modified organisms (GMOs) and living modified organisms (LMOs), roles of institutional biosafety committee, review committee on genetic manipulation (RCGM), genetic engineering approval committee (GEAC) for GMO applications in food and agriculture, environmental release of GMO in rDNA biosafety guidelines of India. Biosafety assessment procedures for biotech foods and related products, including transgenic food crops, case studies of relevance. Biosafety assessment of pharmaceutical products such as drugs/vaccines etc.

Unit-V: Handling and transportation of GM, infectious and radioactive materials (09 hrs)

Classification of infectious organisms, transportation of genetically modified/infectious organisms, General preparation of shipments for transport: Basic triple packaging system, marking of packages, labelling, precautions, monitoring strategies and methods for detecting transgenic; radiation safety and non-radio -isotopic procedures.

Unit VI: Biosafety guidelines and regulations (06 hrs)

Aim of biosafety guidelines, biosafety and risk assessment issues; regulatory framework; national biosafety policies and law, the cartagena protocol on biosafety, WTO and other international agreements related to biosafety.

Practical (30 hrs)

(Wherever wet lab experiments are not possible the principles and concepts can be demonstrated through any other material or medium including videos/virtual labs)

1. Protocol for development of recombinant / engineered proteins as therapeutics
2. Preparation of comparative account on BSL 1, 2,3,4. (poster, oral presentation, video)
3. Categorization of list of provided hazardous materials and its handling & disposal
4. To study GEAC guidelines on genetically modified crops (Bt-cotton/Bt-brinjal)
5. To develop an understanding of the role and composition of an ethical committee for research by a presentation mode.
6. To study and develop a flowchart to demonstrate spread and containment of any two infectious diseases (typhoid, SARS, Ebola, Dengue, Tuberculosis and Covid).
7. Preparation of chart explaining significance of various symbols used in chemistry and biology laboratories/ reagent bottles and equipment.

Essential Readings:

- Hunt, E. F. and Colander, D. C. (2019). 17th edition. Social science: An introduction to the study of society. Boston, USA: Pearson/Allyn and Bacon. ISBN 9781138592537.
- Helga, K. and Peter, S. (2016). 3rdedition. A companion to bioethics. New Jersey, USA: John Wiley and Sons. ISBN 9781118941508.
- Beauchamp, T.L and Childress, J.F. (2013). 8th edition. Principles of biomedical ethics.

Oxford, UK: Oxford University Press. ISBN 9780190640873.

- Peter, A. S. and Viens, A. M. (2008). 1st edition. The Cambridge textbook of bioethics. Cambridge, UK: Cambridge University Press.ISBN 9780521872843.
- Sateesh, M.K. (2008). 1st edition. Bioethics and Biosafety. New Delhi, India: I K International Pvt Ltd. ISBN 978-8190675703.

Suggestive readings:

- Rebecca, G.; James, F. H.; Karim, M. M.; Cholani,W. (2011). 1st edition. Environmental safety of genetically engineered crops. Michigan, USA: Michigan State University Press. ISBN 978-1611860085.
- Sreekrishna, V. (2007). 1st edition. Bioethics and biosafety in biotechnology. New Delhi, India: New Age International (P) Ltd. ISBN 978-8122420852.
- Rajmohan, J. (2006). 1st edition. Biosafety and bioethics. New Delhi, India: Isha Books. ISBN 13: 9788182053779.
- Tomme, Y. (2004). 1st edition. Genetically modified organisms and biosafety. Gland, Switzerland: World Conservation Union publications. ISBN 2831707986

GENERAL ELECTIVE : STATISTICAL CONCEPTS IN BIOLOGY

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
Statistical Concepts in Biology	4	3	-	1	XII Passed	Basic knowledge of Biology

Learning Objectives

- The purpose of the course is to teach fundamental concepts and techniques of descriptive and inferential statistics with applications in health care, medicine, public health, and epidemiology.
- The course will prepare students to collect, analyze and interpret biological data sets and provide quantitative evidence to support scientific conclusions

Learning outcomes

Having successfully completed this course, students shall be able to:

- Recognise the importance of statistics in biological sciences, understand the different types of data and difference between population and sample.
- Learn how to group data into tabular form and present it in various graphical forms.
- Learn the calculation and application of measures of central tendency and measures of dispersion in data representation.
- Understand concepts of discrete and conditional probability and apply these concepts to biological applications.
- Understand the significance and basic concepts of correlation and simple linear regression analysis.
- The student will be able to learn the process of hypothesis formulation, and utilization of appropriate test of significance for biological data analysis.

SYLLABUS

Unit I: Types of Statistical Data and Measurement (06 Hrs)

Importance of Statistical Studies in Biology. Types of Data in Biology: Qualitative, Quantitative and Random (Discrete and Continuous) Variables. Scales of Measurement: Nominal, Ordinal, Interval and Ratio scale. Sample and Population.

Unit II: Data Organization and Graphical Representation (06 Hrs)

Ordered array, Grouped Frequency Distribution Table. Charts and Diagrams: Bar diagram, Pie chart, Histogram, Frequency Polygon, Line chart, Cumulative Frequency Curve and Scatter diagram.

Unit III: Descriptive Statistics (10 Hrs)

Measures of Central Tendency: Mean, Mode, Median, Partition Values. Measures of Dispersion: Range, Standard Deviation, Coefficient of Variance, Covariance. Concept and Importance of Skewness and Kurtosis.

Unit IV: Probability (07 Hrs)

Concepts of Probability, Addition and Multiplication Rules and Conditional Probability. Use of Probability in Assessing Validity (Sensitivity/Specificity) of a Diagnostic Test.

Unit V: Correlation and Linear Regression Analysis (07 Hrs)

Correlation Analysis: Scatter diagram, Pearson's and Spearman's Coefficients of Correlation, Coefficient of Determination. Regression Analysis: Concept of Line of Best Fit, Equations of Lines of Regression and their Applications in Biostatistics.

Unit V: Inferential Statistics (09 Hours)

Sampling Distribution and Standard Error. Concept of Null and Alternate Hypothesis. Biological Data Analysis using Z-Test (Single Mean and Difference of Means), Student's T-Test (Single Mean, Difference of Means and Paired T-Test) and F-Test.

Practical (30 hrs)

The experiments are designed for students to learn the usage of statistical methods for biological data analysis using spreadsheets.

1. Hands-on training of Microsoft excel software to perform basic operations, commands and functions.
2. Organize the given data set and make frequency distribution table.
3. Present data in various charts or diagrams (bar diagrams, histograms, pie charts, Line graph and scatter diagrams).
4. Computing measures of central tendency and dispersion using biological data.
5. Correlation analysis to determine the strength of relationship between a set of dependent and independent variable.
6. Compute regression equations to predict the value of dependent variable.
7. Perform Z-test (Single Mean and Difference of Means).
8. Perform student's t-test (Single Mean, Difference of Means and Paired T-Test)

Essential readings:

- Daniel, W.W. and Cross, C.L. (2019). 11th Edition. Biostatistics: A foundation for analysis in the health sciences. New York, USA: John Wiley & Sons. ISBN-13: 9781119588825.
- Triola M.M., Triola M.F., Roy J. (2019). 2nd Edition. Biostatistics for Biological and Health Sciences. Harlow, UK: Pearson Education Ltd. ISBN-13: 9789353436537.
- Pagano, M. and Gauvrean, K. (2018). 2nd Edition. Principles of Biostatistics. California, USA: Duxbury Press. ISBN-13: 9781138593145.
- Schmuller, J. (2016). 5th Edition. Statistical Analysis with Excel for Dummies. New York, USA: John Wiley & Sons. ISBN-13: 9781119844549.

Suggestive readings:

- Zar, J.H. (2014). 5th Edition. Biostatistical analysis. USA: Pearson. ISBN-13: 9789332536678.
- Glantz, S. (2012). 7th Edition. Primer of biostatistics. New York, USA: McGraw-Hill Medical. ISBN-13: 9780071781503

GENERAL ELECTIVE : DISEASES IN EVERYDAY LIFE

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
Diseases in Everyday Life	4	3	-	1	XII Passed	Basic knowledge of Biology

Learning Objectives

The Learning Objectives of this course are as follows:

- Diseases are not new to human beings but if we are familiar with them, it is easy to manage.
- The course has been designed to familiarize students with most common diseases in everyday life. Students will be able to differentiate between infectious and non-infectious diseases.
- Students will learn about the causative organism of these diseases and their symptoms. A brief description related to treatment and management methods will also be included in the syllabus.

Learning outcomes

The Learning Outcomes of this course are as follows:

- Initially students will understand about diseases and various approaches to classify different types of diseases.
- A detailed description of various diseases caused by infectious agents has been included in the syllabus. As all the diseases are not infectious, students will learn differentiate between communicable and non-communicable diseases with examples of most common disorders.
- A brief overview about degenerative disorders such as Parkinson's, Alzheimer's, Osteoarthritis, Osteoporosis have also been included in the syllabus to enrich the learning of students.
- Majority of human population is malnourished and suffer from many deficiency disorders, thus students are familiarized with common deficiency diseases such as Anaemia, Goitre, Kwashiorkor, Beri-Beri, Scurvy and Rickets have also been included.

- Many cell types in blood and immune components sometime leads to anomalies which may be associated with any disorder. Keeping this in mind, some common immune disorders are briefly added to the syllabus.

SYLLABUS

Unit I: Introduction: (12 Hrs)

Disease classification: Overview of disease condition related to human body: Communicable and non-communicable diseases. Five "F' of communicable diseases [Food (contaminated), Fingers (unclean), Faeces, Fomites, and Flies] Genetic Diseases, Toxic effect of drugs and Chemicals (toxic gases and radiation),Auto immune disorders, nutritional deficiency (Effect of nutrition) (deficiency of Vitamin B12, Vitamin C), Route of transmission, Infectious dose, Communication by vector, Allergic diseases

Unit II: Communicable (Infectious) diseases: (09 Hrs)

a. Diseases transmitted directly: air borne (Mycobacterium) and water borne (Cholera) food borne (typhoid).Epidemiology, cause, clinical feature and prevention. STDs (with examples).Diseases caused by Virus, bacteria, fungus and protozoa/ helminths.
b. Vector borne diseases: mosquito, (Malaria, dengue and Chikungunya), cockroaches and flies, how they spread diseases and methods of prevention, diagnosis (basic).

Unit III: Non-communicable diseases: (06 Hrs)

a. Diabetes, hypertension and cancer (Brief discussion and special emphasis on prevention).
b. Down syndrome and colour blindness.

Unit IV: Degenerative Diseases: (07 Hrs)

Parkinson's/Alzheimer's, Osteoarthritis, Osteoporosis.(Special focuses on factors related to Lifestyle).

Unit V: Deficiency Diseases: (05 Hrs)

Anaemia, Goitre, Kwashiorkor, Beri- Beri, Scurvy and Rickets (Main emphasis on nutritional factors)

Unit VI: Blood disorders and Autoimmune Disease: (06 Hrs)

a. Sickle cell anaemia,haemophilia, thalassemia, blood incompatibility disorder, Rh factor.
b. Graves' disease, Rheumatoid Arthritis and Psoriasis.

Practical component **(30 Hrs)**

(Wherever wet lab experiments are not possible, the principles and concepts can be demonstrated through any other material or medium including videos/virtual labs etc.)

1. A case study of any communicable disease outbreak.
2. A case study on the prevalence of degenerative diseases (Parkinson's diseases/ Alzheimer's) in our country
3. Study different parameters responsible for malnutrition in human population and appropriate management strategies
4. Brief case study non communicable disease associated with lifestyle (hypertension and colourblindness)
5. How much we are aware about immune disorders? Give a small intra college survey to support the statement.
6. Preparation of a brief flow chart depicting classification of diseases.
7. Case study about minamata disease / Hiroshima and Nagasaki / Bhopal gas tragedy.
8. Effect of pesticides on human beings (taking example of anyone state in India).
9. Identification of common diseases caused by vectors.

Essential readings:

- Park, K. (2021), 26th Edition, *Park's Textbook of Preventive and Social Medicine*, Banarsidas Bhanot Publisher, ISBN-13 : . 978-9382219163
- Punt, J. Stranford, S. Jones, P. and Owen, J. (2019). 8 th Edition. Kuby Immunology. New York, USA: W.H. Freeman and Company. ISBN- 13: 978-1464189784.
- Cappuccino, J.G. and Sherman, N. (2013). 10th Edition. Microbiology: A laboratory manual. California, USA: Benjamin Cumming. ISBN-13: 978-0321840226.
- Willey, J., Sherwood, L., and Woolverton, C.J. (2016). 10th Edition. Prescott's microbiology. New York, USA: McGraw-Hill Education. ISBN-13: 978-1259281594

Suggestive readings:

- Tille, P. (2013). 13th Edition. Bailey & Scott's diagnostic microbiology. Missouri, USA: Mosby Publishers. ISBN-13: 978-0323083300.

- Madigan, M.T., Martinko, J.M., Stahl, D.A. and Clark, D.P. (2010). 13th Edition. Brock biology of microorganisms. California, USA: Benjamin Cumming. ISBN-13: 978- 0321649638.

- Tortora, G.J., Funke, B.R. and Case C.L. (2006). 9th Edition. Microbiology: An introduction. California, USA: Benjamin Cummings. ISBN-13: 978-0536292117.
- Bonita, Ruth, Beaglehole, Robert, Kjellström, Tord & World Health Organization. (2 (2006nd edition. *Basic Epidemiology*, World Health Organization, ISBN 978 92 4 154707 9.
- Pelczar, M.J (2001). 5th Edition. Microbiology. New York, USA: McGraw Hill International. ISBN-13: 9780074623206.