

Bachelor of Vocation – Healthcare Management

Undergraduate Curriculum Framework 2022(UGCF)

DISCIPLINE SPECIFIC ELECTIVE –DSE 5: Patients Psychology & Behaviour

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical / Practice		
DSE-5 Patients Psychology & Behaviour	4	3	1	0	NA	NA

Learning Objectives

It is aimed at helping the students to acquire knowledge & understanding of patient behavior and acquire the skills in managing them effectively in hospital settings.

Learning outcomes

1. Demonstrate an understanding of psychological theories and concepts relevant to patient behavior.
2. Analyze and interpret patient behavior in healthcare contexts using psychological frameworks.
3. Apply effective communication techniques to establish rapport and trust with patients.
4. Demonstrate cultural sensitivity in healthcare interactions and decision-making.
5. Develop strategies to address patient anxiety and improve coping mechanisms.
6. Devise patient-centered approaches to enhance treatment adherence and compliance.

Syllabus

Unit 1(10 Hours)

Introduction: History and origin of science of Psychology, Definitions & Scope of Psychology, Relevance to Healthcare Managers, Methods of Psychology.

Unit 2(10 Hours)

Biology of behavior , Body mind relationship modulation process in health and illness , Genetics and behavior: Heredity and environment , Brain and behavior: Nervous system,

Neurons and synapse, Association Cortex, Rt and Lt Hemispheres , Psychology of Sensations , Muscular and glandular controls of behavior , Nature of behavior of an organism/Integrated responses .

Unit 3(15 Hours)

Motivation and Emotional Processes : Motivation: Meaning, Concepts, Types, Theories, Motives and behavior, Conflict resolution ; Emotions & stress : Emotion: Definition components, Changes in emotions, theories, emotional adjustments, emotions in health and illness; Stress: stressors, cycle, effect, adaptation & coping; Communication and Patient-Provider Relationship : Verbal and non-verbal communication skills , Active listening and empathy , Building trust and rapport with patients.

Unit 4(10 Hours)

Developmental Psychology : Psychology of people at different ages from infancy to old age, Psychology of vulnerable individuals- challenged, women, sick, etc , Psychology of groups.

Practical component (if any) –

N/A

Essential/recommended readings

1. Hariharan, M. (2024). The textbook of health psychology. Routledge India.
2. Mangal, S. K., & Mangal, S. (2024). Essentials of clinical psychology: An Indian perspective. Routledge.
3. Morgan, C. T., & King, R. A. (1996). Introduction to psychology (7th ed.). Tata McGraw-Hill.

Suggestive readings -

1. Lanzoni, S. (2018). Empathy: A history. Yale University Press.
2. Baron, R. A., & Misra, G. (2015). Psychology (5th ed.). Pearson Education India.

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.